



A V O D A H

Sparking Jewish Leaders, Igniting Social Change

Avodah Coronavirus Pandemic Protocols

Updated: March 25th, 2021

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Introduction

In consultation with our medical advisors, Avodah has decided to open our residential Service Corps program to all Service Corps Members who wish to live in the Avodah bayit (home). The decision to open our baytim (homes) is possible only if all residents of the baytim are able to comply with stringent safety protocols designed to mitigate exposure risk and hold all of us accountable to our values. While these protocols are designed to mitigate exposure risk to SARS-COV-2, it is important to acknowledge that there is inherent increased risk in any congregant living environment like Avodah baytim. We encourage all Avodah Corps Members to evaluate their own comfort levels with risk and consult with their primary care practitioners to determine what living arrangements make the most sense for their physical and mental health.

Avodah has created these protocols for our Corps Members, in relationship to living in an Avodah bayit, during the rapidly changing situation of a global pandemic. Given the dynamic nature of the pandemic, our protocols may change very quickly if new information and/or best practices become available. We are working with a team of medical and public health advisors to determine best practices while grounding our decision making in the values we hold as an organization working for justice. Anytime a change is made to these protocols, the change will be reflected in this document and notification will be sent to all Corps Members so they can be made aware of the change. These protocols are what allows us to keep our baytim open, and it is crucial that they are understood and followed. For any major changes made to the protocols, we will schedule calls between all Corps Members and Avodah national staff to discuss the changes and answer your questions. We are so grateful to be in community with all of you, especially through this challenging time.

If you have questions or concerns at any time, please reach out to your Program Director or national Avodah Staff:

Service Corps Program Directors:

Chicago Program Director Abby Cortrin: acortrin@avodah.net, 773-649-6140

New Orleans Program Director Shoshana Madick: smadick@avodah.net, 504-861-1067

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National Program Operations Assoc.: Holden Dempsey, hdempsey@avodah.net, 918.230.3228

Mental Health Advisor: Leah Krandel, lkrandel@avodah.net

Content Disclaimer

These Avodah Coronavirus Pandemic Protocols (the “Protocols”) have been developed and updated by our staff, in consultation with medical advisors, in order to offer our staff, participants and partner organizations guidance and/or instructions regarding best practices to manage and address the risks presented by COVID-19. The Protocols are being made publicly available for information purposes only. The Protocols are not intended to be complete, exhaustive, or a substitute for professional medical advice. Adherence to the Protocols will not guarantee that participants or others will avoid exposure to or infection with COVID-19. Rather, the Protocols reflect the best available information at the time they were prepared and/or updated. The results of future studies may require revisions to the Protocols to reflect new data. Avodah does not warrant the accuracy or completeness of the Protocols. You assume full responsibility for using this information and understand and agree that Avodah is not responsible or liable for any errors or omissions, or for any claim, loss or damage resulting from the use of this information.

Values that Ground Our Decision Making

בריאות ○ **Briut** ○ Health In this moment of unprecedented risk to health, we are striving to create practices that prioritize the health of our Corps Members, the clients our Corps Members work with, their neighbors, and the general public. We understand health to include both physical health and mental health, and are committed to supporting our Corps Members with the tools and resources to stay healthy, both physically and mentally.

עריבות ○ **Areyvut** ○ Mutual Responsibility At Avodah, we understand the importance of supporting our community. In the time of this global pandemic, we continue to be invested in the safety and health of others—within the many communities we are each a part of. This responsibility extends further than our Corps Members. As we create practices and protocols around COVID-19, we are thinking about how the decisions we make impact the placements where our Corps Members are essential workers and their clients, and the interconnectedness of our worlds. We are working closely with our placements to ensure that they are comfortable with our protocols and we are comfortable with theirs.

קהילה ○ **Kehilah** ○ Community Justice work is hard, and we are in this work for the long haul. We understand the importance of being in community to process the injustice we witness, support each other through challenges, and find nourishment in doing this work alongside those we trust. Likewise, community is crucial to navigating the limited socialization that combating COVID-19 demands and the anxiety it may cause.

צדק ○ **Tzedek** ○ Justice “Tzedek, tzedek tirdof – justice, justice shall you pursue. (Numbers 16:20)” Our tradition requires us to pursue justice. Our Corps Members provide invaluable support to nonprofits working to address the challenges of living in an unjust world while also working to build a more just world. We remain committed to supporting our placements through this time. As we create protocols around how to do this safely, our hope is to never waiver in our commitment to our placements and those who they serve.

ענוה ○ **Humility** ○ In a time when our knowledge of COVID-19 and best practices is rapidly changing, we will not pretend to have all the answers and we commit to honestly answering your questions based on the information we do have. We will consult with medical advisors prior to creating any new protocols. We are also committed to regularly updating our protocols as the circumstances and best practices change.

Definitions

1. **Social Distancing:** Social distancing, also called “physical distancing,” means keeping a safe space between yourself and other people who are not from your household. To practice social or physical distancing, stay at least 6 feet (about 2 arms’ length) from other people who are not from your household in both indoor and outdoor spaces. Social distancing should be practiced in combination with other everyday preventive actions to reduce the spread of COVID-19, including wearing masks, avoiding touching your face with unwashed hands, and frequently washing your hands with soap and water for at least 20 seconds.
2. **Shelter in Place:** Shelter in place means to take immediate shelter where you are.
3. **Quarantine:** Quarantine (also referred to as “self-quarantine”) is used to keep someone who might have been exposed to COVID-19 away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.
4. **Isolation:** Isolation (also referred to as “self-isolation”) is used to separate people infected with, or exhibiting symptoms consistent with, SARS-CoV-2, the virus that causes COVID-19, from people who are not infected. People who are in isolation should stay home until it’s safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific “sick room” or area and using a separate bathroom (if available).
5. **Close Contact:**
 - a. In the context of Covid, CDC defines close contact as any of the following types of interactions with someone who has Covid, beginning 2 days before symptoms onset (or date of positive test if asymptomatic):
 - i. You were within 6 feet of a person for at least 15 minutes (cumulative over a 24 hour period);
 - ii. You provided care at home to someone who is sick with COVID-19;
 - iii. You had direct physical contact with the person (e.g., hugging or kissing);
 - iv. You shared eating or drinking utensils; or a person sneezed, coughed or somehow got respiratory droplets on you.
 - b. In Avodah, we use the term close contact to refer to any of the above described interactions that happen between a member of the Avodah bayit household and someone outside of the bayit household, regardless of Covid status.

Stages Summary

Avodah recognizes that our cities may have vastly different rates of COVID-19 at any given time. These stages allow for Corps Members to apply the protocol based on the current conditions in the city in which they live (as defined by the stages below). These stages will be applied city by city (as the local data changes). For example, NOLA might be in Stage C while Chicago is in Stage B. The stages are also not linear; a given city's requirements may move from stage B to stage C but then move back to stage A as the data requires. Avodah Corps Members are expected to fully follow all conditions outlined in this protocol document. Like all parts of this document, this is a living document and is subject to change as new information or best practices become available. We expect the stage a city is in to change rapidly, and will alert Corps Members when their city moves into a different stage.

Stages Definitions:

- Stage A: If there's a city/state/federal imposed shelter or stay home order in place in your city
- Stage B: There is no city/state/federal imposed shelter in place, and [risk](#) is above 50%
- Stage C: There is no city/state/federal imposed shelter in place, and [risk](#) is between 36-50%
- Stage D: There is no city/state/federal imposed shelter in place, and [risk](#) is between 4-35%
- Stage E: The [risk](#) is less than or equal to 3% and/or there is sufficient testing/vaccination and treatment available

Risk will be measured using [this tool](#). The page that should be used is "risk estimates by county" (page options are at the top of the page under the main header). Event size should be set to 50 and Select Ascertainment Bias set to 5 (you can find those options in the vertical bar along the left-hand side of the page).

Current stages in each Avodah City:

Last updated (this will be checked/updated 3 times a week): March 26th, 2021

DC	Chicago	New Orleans	New York
Stage D (33% risk level)	Stage D (30% risk level)	Stage D (13% risk level)	Stage B (69% risk level)

Throughout this document, there are various charts outlining what is permitted in each stage based on the stage the city is in and the vaccination status of the individual Corps Member and bayit.

Communication Between Corps Members and Avodah Staff

It is important to have strong, consistent communication between Corps Members and Avodah staff. We need to know how Corps Members are doing in their baytim, and if there is any support they need from staff. We also need to make sure that all Corps Members understand and are able to follow these protocols. Since we are not able to physically check in with each other, we have established the below methods for communicating various needs.

Process for Communication

1. Every bayit is responsible for designating a Communication Captain, a Supply Captain, and a COVID-19 bayit liaison.
 - a. The Communication Captain is responsible for regular check ins with the Program Director.
 - b. The Supply Captain is responsible for monitoring the bayit's supply of essential materials, such as face masks, hand soap, sanitizer, and cleaning supplies.
 - c. The COVID-19 bayit liaison is responsible for regular check ins with Avodah COVID staff.
2. All Corps Members are responsible for reading emails and/or Slack messages from Avodah staff daily and responding to any messages from your Program Director or other Avodah staff.
3. Avodah staff are committed to sharing protocol updates with Corps Members in a timely manner.

Communications Guidelines for Specific Items

1. Supply Needs
 - a. The Communication Captain should be directly in touch with Holden Dempsey, Avodah's National Program Operations Assistant (hdempsey@avodah.net), to ensure that all baytim have the supplies needed to mitigate exposure risk.
2. Sickness/Exposure
 - a. Please refer to the protocol below on this topic, and please also communicate immediately with your Program Director via text or phone call if you are symptomatic or have a confirmed/suspected exposure. If you cannot reach your Program Director, please immediately contact Dani Levine or Liat Deener-Chodirker.
3. Leaving the bayit, planning to return
 - a. If a Corps Member wishes to have close contact (as defined [here](#)) with someone outside of their household with the hope of being able to return to living in the bayit, the Corps Member must follow the [protocol here](#), including submitting [this form](#).
 - b. We ask that all Corps Members update their program director if they will be away from the bayit for more than one night.
 - c. Please note: The Corps Member's ability to move back into the bayit will depend upon the circumstances on the ground at the time. Please refer to [this protocol for more information](#).

Support from Avodah Staff

1. We know that these are incredibly challenging times, and that our Corps Members are doing critical and difficult work. We have a part-time Mental Health Advisor available to help you navigate finding the right

support based on your needs. Corps Members can contact the National Mental health advisor directly or schedule a meeting with her from a sign-up link posted in Slack.

2. Avodah has dedicated a sub-fund of the economic access fund available to Corps Members who need assistance covering the cost of therapy or other Mental health care. Corps Members can apply to that fund as needed for assistance covering these costs.
3. Additionally, Program Directors will provide monthly community care programming focusing on different options for self and community care.
4. Please let us know how you are doing and what kind of support you need. We can't guarantee we'll be able to provide everything you need, though we are committed to exploring all avenues of support and collaboration to help support you.

Request for Change or Exception to Protocol

If a Corps Member has a request for a change or exception to COVID-19 protocol, they should submit a well-researched proposal through [this form](#). Avodah staff will respond to the proposal within two weeks of submission.

Compliance with Federal, State, Local, and CDC Guidelines

1. In order to live in an Avodah bayit, all Corps Members must follow all Federal, State, Local, CDC, and Avodah guidelines.
2. Avodah looks to federal, state, local, and CDC guidelines as a minimum requirement when deciding on our own protocols.
3. Avodah's protocols are written with the knowledge that some of our participants will be serving in-person at their placements, which typically includes working with very vulnerable populations. Our protocols take into account our obligation to ensure our Corps Members do not pose a heightened risk to those vulnerable populations they are serving.
4. In addition, due to the increased risk inherent in intentional congregant living when compared to a single individual in a household, Avodah protocols must often hold to a higher standard for risk mitigation than Federal, State, Local, and CDC guidelines.

Shelter in Place

1. When there is a "shelter in place" mandated by Federal/State/Local order in any of our cities, all Corps Members will be required to shelter in place as defined above. Avodah may also implement a shelter-in-place order as specified below, even if there is no Federal/State/Local shelter in place ordinance.
2. Corps Members are encouraged to remain home with the exception of essential work, essential errands, individual outdoor recreation.

Daily Life in the Bayit

Daily Symptom Monitoring

1. One tool for helping limit the spread of COVID-19 involves participating in routine symptom monitoring. Getting into a daily habit of a quick self-assessment will help you identify your baseline. This will allow you to recognize any COVID-19 symptoms as soon as they appear. The sooner an individual is able to self-isolate, the less likely they are to spread the virus to others.
2. Every Corps Member living in the bayit should regularly engage in symptom monitoring. Avodah has supplied every bayit with a contactless thermometer to allow Corps Members to regularly check for fever and establish their baseline temperature. Corps Members do not need to share the results of their daily monitoring unless they are exhibiting symptoms of SARS-COV-2.
3. A sample checklist to run through every morning:
 - a. Have you had any of these symptoms that is not attributable to another condition? (While you may suspect that these symptoms are attributable to something other than COVID, it is essential that you assume that the symptoms indicate that you have COVID unless and until you receive negative PCR COVID test or other positive diagnostic test (e.g., strep test) shows otherwise.)
 - i. Cough
 - ii. Shortness of breath or difficulty breathing
 - iii. Fever
 - iv. Chills
 - v. Repeated shaking with chills

- vi. Muscle pain
- vii. Headache
- viii. Sore throat
- ix. New loss of taste or smell
- x. Fatigue
- xi. Congestion or runny nose
- xii. Nausea or vomiting
- xiii. Diarrhea

Surveillance Testing

Corps Members should be regularly getting PCR COVID tests on a schedule that ensures that at least one Corps Member in the bayit is getting tested each week. The frequency of testing depends on the availability of tests and the number of in-person workers in the bayit at any given time. Avodah staff will work with each bayit to determine a bayit-specific surveillance testing plan and schedule.

Hand Washing Best Practices

1. Frequent hand washing is an excellent defense against COVID-19. Corps Members should wash their hands with soap for 20 seconds frequently (10+ times) throughout the day. Additionally, Corps Members should always have hand sanitizer on them when they leave the bayit and should use it liberally.

Masks

1. Face coverings are a critically important component of risk mitigation. Therefore, Corps Members should wear a high-quality face covering whenever they are outside of the bayit.
2. Avodah will provide at least one reusable cloth mask upon request to all Corps Members. Avodah has also supplied disposable medical style ear-loop masks and KN95 masks to all Avodah baytim.
3. There are several options for achieving a high quality face covering. In order for a face covering to be effective (what we're calling high quality) it must fit tightly to your face (to avoid particles entering through gaps between the mask and your face) and it must be made of material that effectively filters particles that could carry Covid-19. We suggest reviewing the [CDC recommendations here for options to improve mask fit](#). And, we've listed below some suggested options for ensuring a high quality face covering. As always, it is important that your face-covering is comfortable enough, and breathable enough that you can keep it on your face without needing to adjust it or remove it for the duration of time you will be around other people.
 - a. You can either wear a single well fitted KN95 or N95 mask/respirator. [Please see this recommendation for how to check for fit](#). Consider using an "ear guard" to ensure fit.
 - b. Or you can wear a double mask combination of surgical style mask and cloth mask ([see CDC recommendations here](#)) to ensure you are achieving the tight fit and high filtration goals.
 - c. All masks should meet the following criteria:
 - i. The mask should fit snugly with no large gaps between your face and the mask;
 - ii. The mask should pass the candle test, meaning that if you can blow out a candle while wearing the mask, the mask is insufficient and should be replaced; and
 - iii. The mask should pass the light test, meaning that if you hold up the fabric or mask to the light, if any significant amount of light passes through, the mask is insufficient and should be replaced.
4. If a Corps Member needs a new mask and cannot afford to purchase it, the Corps Member should apply to Avodah's Economic Access Fund for financial assistance.
5. More information on face coverings can be found [from the CDC here](#).

Best Practices for Reusing KN95 Masks

1. Corps Members should wash their hands before and after putting on and taking off their mask.
2. Corps Members should avoid touching the inside of the mask.

3. Corps Members should rotate between masks, allowing each one to rest for at least 3 days between uses (e.g., wear one mask on Monday, then a new one on Tuesday, then a new one on Wednesday, and then reusing the Monday mask on Thursday).
4. Between uses masks should be stored in their own breathable container like a paper bag, or hung on a hook and labeled with the person's name.
5. Masks should not be shared between people.
6. Masks should be discarded if they started to not fit tightly to the face around all sides, if they had gotten wet/dirty, or if the person wearing it had a specific COVID exposure (for example if someone coughed directly on them).
7. Discard the mask if the wearer accidentally touches the inside of the mask, or after 4-5 uses or 40 hours of total use.

High Risk COVID Activities

The following activities are considered high risk, regardless of vaccination status. This list will be referenced throughout the protocol document.

1. Going to a bar, or having indoor masked or unmasked close contact with someone who works or at a bar, or has gone to a bar in the past two weeks
2. Eating at an indoor restaurant, or having indoor masked or unmasked close contact with someone who works at an indoor restaurant, or has gone to an indoor restaurant in the past two weeks
3. Going to a large music concert or festival (or other similar event)
4. Going to a movie theater
5. Attending a game or event at a sports stadium
6. Flying on an airplane, or having indoor masked or unmasked close contact with someone who flew on an airplane within the past two weeks
7. Taking a train, or having indoor masked or unmasked close contact with someone who took a train within the past two weeks
8. Public / community based (as opposed to with a household you are visiting, where you know their COVID practices) indoors unmasked singing, outdoors unmasked within 10 feet: Yelling/shouting/full volume singing or other kinds of speaking that increase the likelihood of producing aerosolized droplets, or being around someone who is yelling/shouting/full volume singing or other kinds of speaking that increase the likelihood of producing aerosolized droplets
9. Having indoor masked or unmasked close contact with someone who treats patients who have tested positive for COVID-19.
10. Getting medical treatment in a facility where COVID-19 patients are being seen near you, or by the same doctors
 - a. Note: this includes emergency rooms and urgent care. Please go to an emergency room or urgent care if there is an emergency, but then reach out to Avodah staff to discuss if a quarantine or any other risk mitigation steps are necessary prior to reintegrating into the bayit.

Essential In-Person Errands

In Person Essential Errands by Stage and Vaccination Status

Item	Vaccination Status	Stage A	Stage B	Stage C	Stage D	Stage E
Essential In Person Errands (excludes grocery shops)	Vaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated	All in person errands must be paused, regardless of vaccination status. Exceptions will be made for emergencies. If a CM is unsure if a situation qualifies as an emergency, they should reach out to their program director.	In person errands should be avoided when possible.	- Brief indoor pickups are permitted when they meet the following criteria: - CMs follow the transportation guidelines for stage B to get to and from the store. - Time spent indoors is under 10 minutes per CM per 24 hour period. - CMs are wearing surgical or KN95 masks while indoors. - CMs do their best to remain at least 6 feet apart from all other people while in the store.		In person essential errands are permitted.
	Unvaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated					
	Vaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated		Brief indoor pickups are permitted when they meet the following criteria: - CMs follow the transportation guidelines for the appropriate stage to get to and from the store.	- Indoor pickups are permitted when they meet the following criteria: - CMs follow the transportation guidelines for the appropriate stage to get to and from the store. - CMs are wearing surgical or KN95 masks while indoors. - CMs do their best to remain at least 6 feet apart from all other people while in the store.		
	Unvaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated		- Time spent indoors is under 10 minutes per CM per 24 hour period. - CMs are wearing surgical or KN95 masks while indoors. - CMs do their best to remain at least 6 feet apart from all other people	- Brief Indoor pickups are permitted when they meet the following criteria: - <i>CMs follow the transportation guidelines for the appropriate stage to get to and from the store.</i> - CMs are wearing surgical or KN95 masks while indoors. - CMs do their best to remain at least 6 feet apart from all other people while in the store.		

			while in the store.		
	CMs in a bayit where 100% of CMs are fully vaccinated		In person essential errands are permitted.		
Medical Care	Vaccinated CMs in a bayit where <u>less than</u> 80% of CMs are fully vaccinated	All medical appointments should be virtual or postponed if medically possible. If not possible, Corps Members should speak to their Program Director to determine if a quarantine is necessary prior to returning to the bayit.	Corps Members can receive in person medical care provided COVID-19 patients are not being treated by the same staff or in close proximity.		
	Unvaccinated CMs in a bayit where <u>less than</u> 80% of CMs are fully vaccinated	All medical appointments should be virtual or postponed if medically possible. If not possible, Corps Members should speak to their Program Director to determine if a quarantine is necessary prior to returning to the bayit.	Corps Members can receive in person medical care provided COVID-19 patients are not being treated by the same staff or in close proximity.		
	Vaccinated CMs in a bayit where <u>more than</u> 80% of CMs are fully vaccinated	All medical appointments should be virtual or postponed if medically possible. If not possible, Corps Members should speak to their Program Director to determine if a quarantine is necessary prior to returning to the bayit.	Corps Members can receive in person medical care provided COVID-19 patients are not being treated by the same staff or in close proximity.		
	Unvaccinated CMs in a bayit where <u>more than</u> 80% of CMs are fully vaccinated	All medical appointments should be virtual or postponed if medically possible. If not possible, Corps Members should speak to their Program Director to determine if a quarantine is necessary prior to returning to the bayit.	Corps Members can receive in person medical care provided COVID-19 patients are not being treated by the same staff or in close proximity.		
	CMs in a bayit where 100% of CMs are fully vaccinated	All medical appointments should be virtual or postponed if medically possible.	Corps Members can receive in person medical care provided COVID-19 patients are not being treated by the same staff or in close proximity.		
Grocery Shopping	Vaccinated CMs in a bayit where <u>less than</u> 80% of CMs are fully vaccinated	The following options are permitted: (1) Delivery; (2) Contactless / curbside pickup.	The following options are permitted: (1) Delivery; (2) Contactless / curbside pickup; (3) In person shopping at stores that CMs can get to without taking public transportation.	In addition to the options permitted in more restrictive stages, in person shopping via public transportation at off-peak	No restrictions on grocery shopping.
	Unvaccinated CMs in a bayit				

	where less than 80% of CMs are fully vaccinated		The following options are permitted: (1) Delivery; (2) Contactless / curbside pickup; (3) In person shopping at stores that CMs can get to without taking public transportation.	times is permitted. In addition to the options permitted in more restrictive stages, in person shopping via public transportation at off-peak times is permitted.	
	Vaccinated CMs in a bayit where more than 80% of CMs are fully vaccinated		The following options are permitted: (1) Delivery; (2) Contactless / curbside pickup; (3) In person shopping at stores that CMs can get to without taking public transportation.	In addition to the options permitted in more restrictive stages, in person shopping accessed via public transportation is permitted.	
	Unvaccinated CMs in a bayit where more than 80% of CMs are fully vaccinated				
	CMs in a bayit where 100% of CMs are fully vaccinated		No restrictions on in-person grocery shopping.		
Restroom Usage	Vaccinated CMs in a bayit where less than 80% of CMs are fully vaccinated	Corps Members should not be using restrooms anywhere other than their bayit or placement, except for in emergency situations.	Corps Members should take precautions to minimize the need to utilize restrooms outside of their bayit or placement. When the use of such a restroom is unavoidable Corps Members should follow the below guidelines: - Face masks must be worn at all times when in the restroom - The time spent in the restroom should be minimized - Do not use hand dryers in restrooms and do not enter a restroom if the hand dryer is running. - Wherever possible, utilize single occupancy restrooms.	No restrictions on restroom usage	
	Unvaccinated CMs in a bayit where less than 80% of CMs are fully vaccinated				
	Vaccinated CMs in a bayit where more than 80% of CMs are fully vaccinated				
	Unvaccinated CMs in a bayit				

	<p>where more than 80% of CMs are fully vaccinated</p>			
	<p>CMs in a bayit where 100% of CMs are fully vaccinated</p>			

Essential Errands Protocol

General Essential Errands Protocol:

1. All Corps Members should wear a well fitting and high quality face covering (over their mouth and nose) whenever leaving the bayit.
2. In the store/en route maintain 6-foot distance from anyone else as much as possible.
3. All Corps Members should have hand sanitizer on them and sanitize frequently when running essential errands.
4. All Corps Members should minimize the amount of time spent indoors when conducting the essential errand.
5. All Corps Members should maintain 6 feet of distance from members of other households as much as possible.
6. Avoid touching your face.
7. Wash your hands prior to leaving for the errand, and immediately upon returning.
8. If you have reason to believe that you came into contact with someone who may be ill while shopping (e.g., you were coughed on, etc.), shower and place the clothing that you were wearing in the washing machine.
9. See sections in protocol on [handwashing](#) and [face coverings](#) for more details.

Best Practices for Grocery/Supply Shopping

1. Regardless of the stage your city is in, no-contact grocery/supply delivery is the lowest-risk option for bringing food/supplies into the bayit. If your bayit is in a stage where in-person grocery shopping is permitted, it is up to the bayit to decide if you would still like to do delivery.
2. For in person grocery/supply shopping:
 - a. Follow all [best practices for essential errands](#)
 - b. No more than two Corps Members should go grocery shopping at a time.
 - c. Plan in advance so that things can be purchased in one trip, ideally not more than one trip every 10 days to 2 weeks. Purchase staples that are shelf-stable or frozen to extend the length of time between shopping trips.
3. For bringing groceries/supplies into the house:
 - a. Wash hands thoroughly after handling any items.
 - b. When possible, discard any unnecessary exterior packaging and wash hands immediately after discarding the packaging.
4. For grocery delivery:

- a. If delivery is possible but requires contact, maintain 6-foot distance and wear a face covering (over nose and mouth) and then follow the above steps. Avodah will provide you with a box of masks that we suggest you leave by your door at all times. If the delivery person is not wearing a mask, please offer them one.
- b. Wash your hands thoroughly after touching any delivered item.

Best practices for medical appointments and care:

5. If there is a medical emergency, please call 911 immediately. To the extent possible, open windows prior to paramedics entering the bayit, and wear masks. The priority should be on the emergency. Please inform your program director, or on-call Avodah staff member, as soon as possible. Depending on the situation, Avodah staff, in consultation with medical advisors, may recommend additional COVID-19 related disinfecting or quarantine steps to take.
6. Follow all best practices for essential errands
7. All prescription pick-up should be done via delivery/ drive-through/ contactless pick-up wherever possible. Corps Members should speak to their medical provider to inquire about getting a 3 month supply of medications.
8. When scheduling in-person medical appointments, Corps Members should ask if their medical providers are treating COVID-19 patients. If they are, Corps Members should inform Avodah staff to determine if a quarantine is necessary prior to returning to the bayit.
9. Following any in-person medical appointments, the Corps Member should follow the same [protocol that essential workers follow upon returning to the bayit](#).

Daily and Weekly Cleaning

1. All high-touch surfaces in the bayit (e.g., interior and exterior door knobs, faucet handles, toilet flush knobs, oven handles, stove knobs, refrigerator doors, etc.) should be wiped down every evening. Corps Members should do a weekly clean of the bayit, including a deep clean of the bathrooms (cleaning toilets, bathtub/shower, countertops, changing towels/mats, floors mopped, trash removed, surfaces wiped down, etc).

In Person Interaction with People Outside of Your Household

Indoor Space Masked by Stage and Vaccination Status

Item	Vaccination Status	Stage A	Stage B	Stage C	Stage D	Stage E
Corps Members in Indoor Space Other than the Bayit & Placement	Vaccinated CMs in a bayit where less than 80% of CMs are fully vaccinated	Corps Members are not allowed in non-bayit indoor spaces other than their placement.	Corps Members are allowed in the following non-bayit indoor spaces: 1) Their placement 2) Some essential	Corps Members are allowed in the following non-bayit indoor spaces: 1) Their placement 2) Some essential errands 3) Brief indoor pickups 4) Indoors spaces with	(see details here)	No restrictions

			<p>errands (see details here) 3) Brief indoor pickups</p>	<p>unvaccinated people from one other household at a time (for example, visiting with relatives who all live together) with masks (see protocol here) 5) Indoor spaces with other fully vaccinated people without masks, provided they are not engaging in high risk activities (see protocol here for indoor visits, and the list of high risk activities here).</p>	
	<p>Unvaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated</p>		<p>Corps Members are allowed in the following non-bayit indoor spaces: 1) Their placement 2) Some essential errands (see details here) 3) Brief indoor pickups</p>	<p>Corps Members are allowed in the following non-bayit indoor spaces: 1) Their placement 2) Some essential errands (see details here) 3) Brief indoor pickups 4) Indoors spaces with vaccinated people from one other household at a time (for example, visiting with relatives who all live together) with masks, provided they are not engaging in high risk activities (see protocol here for indoor visits, and the list of high risk activities here)</p>	
	<p>Vaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>		<p>Corps Members are allowed in the following non-bayit indoor spaces: 1) Their placement 2) Some essential errands (see details here) 3) Indoor pickups 5) Indoor spaces with other fully vaccinated people without masks, provided they are not engaging in high risk activities (see protocol here for</p>	<p>Corps Members are allowed in the following non-bayit indoor spaces: 1) Their placement 2) Some essential errands (see details here) 3) Indoor pickups 4) Indoors spaces with unvaccinated people from one other household at a time (for example, visiting with relatives who all live together) with masks (see protocol here) 5) Indoor spaces with other fully vaccinated people without masks, provided they are not engaging in high risk activities (see protocol here for indoor visits, and the list</p>	

			indoor visits, and the list of high risk activities here).	of high risk activities here)	
	Unvaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated		Corps Members are allowed in the following non-bayit indoor spaces: 1) Their placement 2) Some essential errands (see protocol here) 3) Brief indoor pickups	Corps Members are allowed in the following non-bayit indoor spaces: 1) Their placement 2) Some essential errands (see protocol here) 3) Brief indoor pickups 4) Indoors spaces with vaccinated people from one other household at a time (for example, visiting with relatives who all live together) with masks provided they are not engaging in high risk activities (see protocol here for indoor visits, and the list of high risk activities here)	
	CMs in a bayit where 100% of CMs are fully vaccinated		CMs are allowed in the following non-bayit indoor spaces: 1) Their placement 2) All essential errands (see details here) 3) Brief indoor pickups 4) Indoors spaces with one household of unvaccinated people at a time, provided they are not engaging in high risk activities (see protocol here for indoor visits, and the list of high risk activities here) 5) Close contact / return to bayit with with multiple unvaccinated people considered without the need to quarantine after, provided they are not engaging in high risk activities (see the list of high risk activities here) 6) Indoor spaces with other fully vaccinated people without masks, provided they are not engaging in high risk activities (see protocol here for indoor visits, and the list of high risk activities here)		
Non-Corps Members Entering the Avodah Bayit	A bayit where <u>less than 80%</u> of CMs are fully vaccinated	Nobody except for the Corps Members who live in that bayit are allowed in the bayit (except essential maintenance).			No restrictions
	A bayit where <u>more than 80%</u> of CMs are	Nobody except for the CMs who live in that	Nobody except for the CMs who live in that bayit are allowed in the bayit (except essential maintenance).		

	fully vaccinated	bayit are allowed in the bayit (except for essential maintenance).	<p>Friends/family who are socializing with CMs in the backyard are permitted to use the bathroom in the bayit (they must be masked the entire time).</p> <p>If the backyard of the bayit is only accessible by walking through the bayit, friend/family can quickly walk through the bayit while masked to get to the backyard.</p>		
	CMs in a bayit where 100% of CMs are fully vaccinated		<p>Nobody except for the CMs who live in that bayit are allowed in the bayit (except for essential maintenance)</p>	<p>Fully vaccinated friends and family can socialize with CMs unmasked in the bayit, provided they are not engaging in high risk activities (see the list of high risk activities here)</p>	
			<p>Friends/family who are socializing with CMs in the backyard are permitted to use the bathroom in the bayit (they must be masked the entire time).</p>	<p>One household at a time of unvaccinated people can socialize unmasked with CMs in common spaces of the bayit, provided they are not engaging in high risk activities (see the list of high risk activities here)</p>	
			<p>If the backyard of the bayit is only accessible by walking through the bayit, friend/family can quickly walk through the bayit while masked to get to the backyard.</p>	<p>One household at a time of unvaccinated people can socialize in CMs bedrooms simultaneously, provided they are not spending time in common spaces and must mask while in common spaces, provided they are not engaging in high risk activities (see the list of high risk activities here).</p>	
				<p>Unvaccinated Friends/family who are socializing with CMs in the backyard are permitted to use the bathroom in the bayit (they must be masked the entire time), provided they are not engaging in high risk activities (see the list of high risk activities here).</p> <p>If the backyard of the bayit is only accessible by walking through the bayit, unvaccinated friend/family</p>	

				can quickly walk through the bayit while masked to get to the backyard.	
Interactions between two baytim in the same city taking place in the bayit	<p>Unvaccinated CMs from Wahi/Farragut (regardless of what percent of the bayit is vaccinated)</p> <p>AND</p> <p>Vaccinated CMs in Bushwick/PBR (regardless of what percent of the bayit is vaccinated)</p>	No indoor visits (masked or unmasked).			
	<p>Vaccinated CMs in WaHi/Farragut where <u>less than 80%</u> of CMs are fully vaccinated</p> <p>AND</p> <p>Vaccinated CMs in Bushwick/PBR where <u>less than 80%</u> of CMs are fully vaccinated</p>	No indoor visits (masked or unmasked).			
	<p>Vaccinated CMs in Wahi/Farragut where <u>more than 80%</u> of CMs are fully vaccinated</p> <p>AND</p> <p>Vaccinated CMs in Bushwick /</p>	No indoor visits (masked or unmasked).	<p>In WaHi / Farragut Bayit: Bushwick/PBR vaccinated CMs can socialize masked in Vaccinated WaHi/Farragut CMs bedrooms, provided they are not spending time in common spaces and everyone must remain masked at all times.</p> <p>In Bushwick/PBR: WaHi/Farragut vaccinated CMs can socialize masked in</p>		

	PBR where more than 80% of CMs are fully vaccinated		Bushwick/PBR CMs bedrooms and/or common spaces provided everyone is masked at all times.	
	CMs from two baytim where 100% of CMs are vaccinated	No restrictions on socialising in either bayit.		

Indoor Space Masked Protocol

Protocol for indoor masked social visits

1. Corps Members who have been fully vaccinated, can gather indoors with unvaccinated people from one other household at a time (for example, visiting with relatives who all live together) with masks and not need to quarantine afterwards.
 - a. During the visit, the following protocol must be followed:
 - i. All parties must be properly masked
 - ii. At least 3 feet (ideally 6 when possible) of distance between parties should be maintained, and there should be no physical interaction between you and the household you are seeing, other than brief interactions such as hugs, handshakes, and high fives.
 - iii. Open windows when possible
 - iv. Take an approved form of transportation (based on the stage your city is in) to get there and back

2. Corps members who have not been fully vaccinated, can gather indoors with vaccinated people from one other household at a time (for example, visiting with relatives who all live together) with masks and not need to quarantine afterwards.
 - a. During the visit, the following protocol must be followed:
 - i. All parties must be properly masked
 - ii. At least 3 feet (ideally 6 when possible) of distance between parties should be maintained, and there should be no physical interaction between you and the household you are seeing, other than brief interactions such as hugs, handshakes, and high fives.
 - iii. Open windows when possible
 - iv. Take an approved form of transportation (based on the stage your city is in) to get there and back
 - v. If the Corps Member is seeing someone who is fully vaccinated, but who lives with people who are not fully vaccinated, the visit can only take place in a space that has been occupied only by fully vaccinated people or has been vacant for the two hours prior to the Corps Member's arrival.

Protocol for Maintenance on the Bayit

1. Your landlords and maintenance workers are allowed access to your house. We will ask them to follow the following protocol. If you have any concerns about this, please reach out to your Program Director.
2. With more people spending all their time - including their service hours - in the bayit, we anticipate that maintenance issues may arise. When an issue becomes apparent, please tell your Program Director right away. The Program Director, with your input, will determine if it is an emergency issue re: health/safety/productivity of Corps Members. If the issue needs to be fixed immediately, the Program Director will work with the landlord and residents of the bayit to find a maintenance option.
3. Visits by workers to the bayit:
 - a. The Corps Members should carefully clean/sanitize any areas where the maintenance/repairs will be done (to protect the health of the maintenance worker).
 - b. The maintenance worker must wear a mask the entire time they are in the bayit. In addition, they should remove their shoes and wash or sanitize their hands when entering the bayit.
 - c. All Corps Members should maintain a minimum of 6 feet from the maintenance worker the entire time they are on the property and wear masks. All windows in the area where the work is being done should be open for the entire time the work is being done, and for at least an hour after the maintenance worker leaves.
 - d. Once the work is completed, the Corps Members should wait a minimum of one hour and then thoroughly clean/sanitize any surfaces that were touched/impacted by the maintenance staff.
 - e. If your Program Director needs to enter the bayit for any reason, they will follow a similar protocol.

Outdoor Social Visits & Activities

Outdoor Social Visits & Activities by Stage and Vaccination Status

Item	Vaccination Status	Stage A	Stage B	Stage C	Stage D	Stage E
Physically Distanced Outdoor Socializing	Vaccinated CMs in a bayit where less than 80% of CMs are fully vaccinated	All in-person socializing (including meeting outside) with people who don't live in the Avodah household will likely be significantly decreased. This will be evaluated based on caseload in the given city.	Outdoor, physically-distanced socializing is allowed meeting these criteria: At any given time, there should be no more than three households and 30 people gathering together outdoors, including the members of the Avodah bayit.	Outdoor, physically-distanced socializing is allowed meeting these criteria: At any given time, there should be no more than three households and 30 people gathering	Outdoor, physically-distanced socializing is allowed meeting these criteria: At any given time, there should be no more than three households and 30 people gathering together outdoors, including the members of the Avodah bayit.	Outdoor visits of any number can happen based on city/state/federal guidelines
	Unvaccinated CMs in a bayit where less than 80% of CMs are fully vaccinated					

			<p>All parties must wear masks for any non-stationary activities.</p> <p>All parties may remove masks when 10+ feet apart and stationary.</p>	<p>together outdoors, including the members of the Avodah bayit.</p> <p>All parties must wear masks for any non-stationary activities.</p> <p>All parties may remove masks when 6+ feet apart and stationary.</p>	<p>All parties must wear masks for any non-stationary activities.</p> <p>All parties may remove masks when 6+ feet apart and stationary.</p> <p>Non-socially distanced (provided you are not face to face) outdoor interactions lasting 30 minutes or less with both parties masked but closer than 6 ft (for example, outdoor haircuts, looking over documents with supervisor in close proximity outside) are allowed. 6 ft is still the best practice when possible.</p>	
	<p>Vaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>		<p>Outdoor, physically-distanced socializing is allowed meeting these criteria:</p> <p>If anyone is unvaccinated, at any given time, there should be no more than three households and 30 people gathering together outdoors, including the</p>	<p>Outdoor socializing without masks and with close contact permitted with other fully vaccinated people.</p> <p>Outdoor unmasked socializing with</p>	<p>Outdoor socializing without masks and with close contact permitted with other fully vaccinated people.</p> <p>Outdoor unmasked socializing with unvaccinated people from 3 or fewer other household at a</p>	

	<p>Unvaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated</p>	Outdoor dining at restaurants is not allowed, nor are outdoor events.	activities where participants are masked and 6 ft apart (for example, movies or plays in the park) are permitted.	tables and the server is masked. Outdoor activities where participants are masked and 6 ft apart (for example, movies or plays in the park) are permitted.	
	<p>Vaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>	Outdoor dining at restaurants is not allowed, nor are outdoor events.	Outdoor dining at restaurants is not allowed.	Outdoor dining at restaurants is permitted with members of your households if you are 10ft or further apart from other tables and the server is masked.	
	<p>Unvaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>		Outdoor activities where participants are masked and 6 ft apart (for example, movies or plays in the park) are permitted.	Outdoor activities where participants are masked and 6 ft apart (for example, movies or plays in the park) are permitted.	
	<p>CMs in a bayit where 100% of CMs are fully vaccinated</p>		All outdoor activities that are not high risk are permitted. See list of high risk activities here.		
Group Sports	<p>Vaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated</p>	No group sports or activities with heavy breathing in close proximity to others are allowed.	No group sports or activities with heavy breathing in close proximity to others are allowed.	No group sports or activities with heavy breathing in close proximity to others are allowed. Tennis, baseball, golf, minigolf (all with good masking, distancing, and hand sanitizing) are allowed.	No restrictions
	<p>Unvaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated</p>		No group sports or activities with heavy breathing in close proximity to others are allowed.	No group sports or activities with heavy breathing in close proximity to others are allowed. Tennis, baseball, golf, minigolf (all with good masking, distancing, and hand sanitizing) are allowed.	

	Vaccinated CMs in a bayit where more than 80% of CMs are fully vaccinated		No group sports or activities with heavy breathing in close proximity to others are allowed.	No group sports or activities with heavy breathing in close proximity to others are allowed. Tennis, baseball, golf, minigolf (all with good masking, distancing, and hand sanitizing) are allowed.	
	Unvaccinated CMs in a bayit where more than 80% of CMs are fully vaccinated		No group sports or activities with heavy breathing in close proximity to others are allowed.		
	CMs in a bayit where 100% of CMs are fully vaccinated		No group sports or activities with heavy breathing in close proximity to others are allowed. Tennis, baseball, golf, minigolf (all with good masking, distancing, and hand sanitizing) are allowed.	All sports are allowed, as long as everyone is masked.	
Specific High Risk Activities	Vaccinated CMs in a bayit where less than 80% of CMs are fully vaccinated	<ol style="list-style-type: none"> 1) Yelling/shouting/full volume singing or other kinds of speaking that increase the likelihood of producing aerosolized droplets are never permitted unmasked. 2) Going to concerts or festivals is not permitted. 3) Attending a sports stadium or other large event at full capacity is not permitted. 	No restrictions		
	Unvaccinated CMs in a bayit where less than 80% of CMs are fully vaccinated				
	Vaccinated CMs in a bayit where more than 80% of CMs are fully vaccinated				
	Unvaccinated CMs in a bayit where more than 80% of CMs are fully vaccinated				
	CMs in a bayit where 100% of CMs are fully vaccinated	<ol style="list-style-type: none"> 4) Yelling/shouting/full volume singing or other kinds of speaking that increase the likelihood of producing aerosolized 	-Yelling/shouting/full volume singing or other kinds of		

	vaccinated	<p>droplets are never permitted unmasked.</p> <p>5) Going to concerts or festivals is not permitted.</p> <p>6) Attending a sports stadium or other large event at full capacity is not permitted.</p>	<p>speaking that increase the likelihood of producing aerosolized droplets are never permitted unmasked.</p> <p>-Attending a sports stadium or other large event at full capacity is not permitted</p> <p>- Attending outdoor concerts or festivals is permitted when everyone is masked and distanced.</p>	
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Outdoor Social Visits & Activities Protocol

Washington, DC Protocol for Allowing Non-Household Members to Use Studio Restroom in all Stages

Please note: This is only applicable to Washington, DC Corps Members, because the quarantine apartment is at the same location as the baytim.

When the studio Aux apartment is not in use, people outside of the bayits who are doing physically distanced social visits in the backyard may use the studio bathroom. Corps Members should always check to see if the studio is in use, before allowing anyone else in. Studio usage information is updated in the following 2 places:

1. The DC Studio calendar
2. The whiteboard on the studio door*

The Corps Member should send a group text to inform both baytim that someone is entering the studio to use the bathroom. Any Corps Member who walks by the entrance to the studio while someone is using the bathroom should wear a mask, in case they come into contact with each other.

**Because there are occasionally unplanned close contact quarantines, the DC studio calendar may occasionally be inaccurate. Because of this, any Corps Member who is using the studio, either for a quarantine or as mental health space when it is open, should write their name on the white board on the door when they enter, and erase their name when they leave.*

Corps Members should leave lysol wipes in the restroom, and Corps Members should ask anyone who is using the restroom to wear a mask in the hallways and bathroom and wipe down the surfaces in the bathroom after use.

Protocol Regarding Transportation

Transportation Stage and Vaccination Status

Item	Vaccination Status	Stage A	Stage B	Stage C	Stage D	Stage E
Public Transit	Vaccinated CMs in a bayit where less than x% of CMs are fully vaccinated	Public Transit should not be used. Exceptions may be considered for essential workers commuting to/from placement.	Public transit may be used for commuting to/from placement	Public transportation is permitted in order to travel to approved outdoor activities (see outdoor activities column) and for essential errands, including grocery shopping. Corps Members must wear a mask and sanitize frequently. Trips should be planned to avoid peak rush hour commuting crowds. If the public transit is crowded to the extent that Corps Members are within 3 feet of another masked person for longer than 15 minutes, Corps Members should get off and either call a ride-share service for the remainder of the trip or wait for a less crowded train/bus to arrive. If there are unmasked/not fully masked passengers within 6 feet, corps members should reposition themselves as far away from any unmasked/not fully masked people as possible and switch trains/buses at the next available stop. Public transportation should be limited to 45 minutes maximum. The route that has the fewest transfers should be taken. Major transfer centers should be	No restrictions on Public Transit use	
	Unvaccinated CMs in a bayit where less than x% of CMs are fully vaccinated		Public Transit should not be used. Exceptions may be considered for essential workers commuting to/from placement.			
	Vaccinated CMs in a bayit where more than x% of CMs are fully vaccinated		Public transportation is permitted in order to travel to approved outdoor activities (see outdoor activities column) and for essential errands, including grocery shopping. Corps Members must wear a			

			mask and sanitize frequently and follow best practices listed for stages C and D.	avoided if possible. Any trips on public transit longer than 45 minutes need to be pre-approved by a Program Director. If the buses in your city allow you to open windows, that is preferable to taking the subway.	
	Unvaccinated CMs in a bayit where more than x% of CMs are fully vaccinated		Public transit may be used for commuting to/from placement		
	CMs in a bayit where 100% of CMs are fully vaccinated	Essential workers may use public transit to commute to/from placement	No Restrictions on Public Transit. Corps Members should still follow best practices to remain masked and distanced whenever possible on public transit.		
Rides with people outside of the bayit, while following rideshare protocol	Vaccinated CMs in a bayit where less than x% of CMs are fully vaccinated	Rides should be avoided at all times during a shelter in place order. Exceptions can be requested for essential workers commuting to/from placement	Corps Members may take rideshare or get rides from others following the rideshare protocol . All rideshares must be XL, and Corps Members may only get rides from people with XL size cars	Corps Members may take rideshare or get rides from others following the rideshare protocol . The rideshare/cars do not need to be XL, but Corps Members should still sit in the backseat and follow all other rideshare protocol.	
	Unvaccinated CMs in a bayit where less than x% of CMs are fully vaccinated			Corps Members may take rideshare or get rides from others following the rideshare protocol . All rideshares must be XL, and Corps Members may only get rides from people with XL size cars	
	Vaccinated CMs in a bayit where more than x% of CMs are fully vaccinated			Corps Members may take rideshare or get rides from others following the rideshare protocol . The rideshare/cars do not need to be XL, but Corps Members should still sit in the backseat and follow all other rideshare protocol.	
	Unvaccinated CMs in a bayit where more than x% of CMs are fully vaccinated			Corps Members may take rideshare or get rides from others following the rideshare protocol . All rideshares must be XL, and Corps Members may only get rides from people with XL size cars	
	CMs in a bayit			Rides with others follow the same protocol as any	

	where 100% of CMs are fully vaccinated			other social interaction outside of the bayit.
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Transportation Protocols

Driving (the lowest risk option):

1. Driving in a car by yourself (or with someone in your bayit) is the lowest risk mode of transportation.

Renting a car

1. If Corps Members do not have access to personal cars, and would like to rent a car for a permitted activity, they may do so following these precautions:
 - a. Prior to renting the car, call the rental facility and ask what their COVID protocols are. In particular, ask if it is possible for you to walk through their parking lot/garage to get the car (rather than have an employee drive it to you). If this is not possible, confirm that the employee who is driving the car will be wearing a mask while in the car, and will keep the windows down. If possible, rent a car that has a pick up and drop-off location within walking distance to the Avodah bayit.
 - b. Walk, bike, or get a ride to the car rental facility from someone in your bayit. If this is not possible, take a rideshare following our rideshare protocol.
 - c. When at the rental facility, wear a mask the entire time and remain 6 feet away from other people whenever possible.
 - d. Be mindful to not touch any unnecessary surfaces.
 - e. When you get the keys, wipe them down with a Lysol wipe. When you get the car, wipe down any high-touch surfaces (e.g., the doorknob, the wheel, the radio controls, the gearshift, etc.) with a Lysol wipe.
 - f. When you begin driving, leave your windows open for as long as possible to air out the car.
 - g. When you drop off the car, follow the same precautions as you did while picking up the car.

Rideshares

1. Corps Members may take rideshares, while following this protocol:
 - a. While in the car, wear your mask the entire time, do not let the driver help load the car, and sit as far back as possible and on the opposite side of the car from the driver, maintaining as much distance between you and the driver as possible at all times.
 - b. Open the windows and keep them open for the duration of the drive. Whenever possible, [all the windows](#) should be wide open. If this is not possible, the windows opposite the occupants should be wide open.
 - i. If the weather is bad and the windows cannot be open, the heat and/or AC should be turned off if possible. (When the heat and AC are on with the windows closed, they push around air particles in the car, without the ability for them to escape the car. This increases the potential transmission from driver to passenger and vice versa.)
 - c. If your driver is not wearing a mask, do not enter their car and call for a different car.

- d. A maximum of 3 Corps Members can be in the rideshare at any given time, in order to ensure that Corps Members are sitting in the furthest back part of the car.

Stopping at gas stations

1. When stopping at gas stations, the following protocols must be followed:
 - a. Wear masks at all times;
 - b. Minimize the number of stops in order to avoid multiple exposures;
 - c. Minimize the surfaces you touch in the bathroom;
 - d. Wash hands with soap and water;
 - e. Do not use hand air dryers; and,
 - f. Use hand sanitizer immediately after leaving and before getting back into the car.

Placement Protocols

Applicability

The following protocols apply to Avodah's Service Corps placements and their interactions with Avodah and Avodah Corps Members.

Placement Protocol During a Shelter in Place Period

1. During any periods in which a shelter in place rule is issued, either by local, state, or federal officials:
 - a. All nonessential Corps Members should serve remotely.
 - b. Corps Members who are essential workers, as defined in the shelter in place order, and who want to serve in-person, are permitted to continue serving in-person at their placement organization and must follow the Protocol for Essential Workers returning to the bayit ([see protocol here](#)).
 - c. All Avodah placements who have Corps Members performing in-person essential services must follow the guidelines that follow.

Avodah Placement Risk Mitigation Guidelines

1. We are proud to be able to support our placement partners in the essential work that they do. We know that the need for support has only increased due to the COVID-19 pandemic. We also know that the virus is still active and dangerous.
2. We have developed a set of safety guidelines, in partnership with public health and medical experts, and in-line with CDC recommendations, which we ask all Avodah Placement partners to follow in order to mitigate risk and reduce potential exposure of Avodah Corps Members and clients in scenarios of in-person work.
3. Avodah will provide to the Corps Members:
 - a. One washable cloth mask per Corps Member if needed
 - b. Surgical ear loop and/or KN95 masks.
 - c. One face shield or goggles (if necessary)
4. The placement will provide to their Corps Members:
 - a. Gloves (upon request of the Corps Member)
 - b. Surgical ear loop and/or Kn95 masks.
 - c. Wipes or spray and paper towels to clean the Corps Member's desk, communal spaces etc. as outlined below

In-Person Service/Work During the Pandemic

1. Avodah expects placements to follow city and/or state guidelines on returning to in-person work, and to follow decision-making guidelines as outlined by the city/state/CDC.
2. These guidelines should include:
 - a. Enhanced spacing between employees (and Corps Members), including through physical barriers; changing the layout of workspaces; encouraging telework; closing or limiting access to communal spaces; staggering shifts and breaks; and limiting large events, when and where feasible.

- b. Modifying travel and commuting practices, including by promoting telework for employees and volunteers who do not live in the local area, if feasible.

Basic Safety Guidelines for Placement Employees, Corps Members and Clients

1. Stay six feet apart from each other and wear a mask at all times indoors.
2. If you have any of the following symptoms (not attributable to another condition), do not come into work, or if you are already at work, notify your supervisor, go home, self-isolate and seek medical guidance:
 - a. Cough
 - b. Shortness of breath or difficulty breathing
 - c. Fever
 - d. Chills
 - e. Repeated shaking with chills
 - f. Muscle pain
 - g. Headache
 - h. Sore throat
 - i. New loss of taste or smell
 - j. Fatigue
 - k. Congestion or runny nose
 - l. Nausea or vomiting
 - m. Diarrhea
3. Corps Members may notify Avodah staff and placement supervisors if they are in a “high-risk” group, e.g., if they are immunocompromised, have underlying health problems, etc. and require specific accommodations to mitigate their exposure risk.
4. As part of orientation/training for any new placement staff member/Corps Member, COVID-19 safety precautions will be provided and will include:
 - a. Proper hand hygiene protocol (e.g., washing, sanitizing, glove disposal, etc.)
 - b. Social distancing workplace policies
 - c. Procedure for if someone at the workplace (staff/client/volunteer/etc.) has confirmed or probable exposure to Sars-COV-2/Covid-19 or tests positive for the virus.

Workplace Safety Building Guidelines

1. Placements will create and implement procedures to limit exposure in the following areas:
 - a. Entrances, Exits, and Elevators, etc.
 - i. Limit gatherings at entrances, exits, and elevators, and maintain 6 feet of distance between people.
 - b. Office and Common Work Areas:
 - i. All persons present in the placement’s offices should be required to wear a high-quality mask at all times, including when walking from car/transportation, in hallways, communal spaces, bathrooms, etc. Face coverings may only be removed if an individual is alone in a closed-door office with adequate ventilation.
 - ii. All persons present in the placement’s offices should maintain the 6-foot separation gap as much as possible. If desks or chairs are close together, move them six-feet or more

- apart. Keep meetings as small as possible, or hold them over video/phone whenever possible.
 - iii. Because the virus can last for several days on hard surfaces, facilities should be disinfected regularly. Where common surfaces are used, they must be cleaned with disinfectant after each use. Provide employees and Corps Members with cleaning supplies to regularly clean desks.
 - iv. Open windows to increase ventilation as frequently as possible.
 - c. Eating Areas:
 - i. Corps Members may not eat with colleagues indoors, and may not be in the same room with colleagues when they are eating.
 - ii. Wash your hands for 20 seconds before or after eating. If you do not have access to a sink, use high alcohol-content hand sanitizer.
 - iii. Make sure to clean up after you are finished, including by using disinfectant to clean off tables, counters, and anywhere else food might have been handled.
 - iv. The placement must provide disinfectant to clean these areas.

Corps Members Serving Clients Face-to-Face

1. Avodah Corps Members will follow a strict protocol designed to mitigate their risk of exposure to COVID-19. At the same time, Avodah Corps Members reside in communal housing, which may represent an inherent increased risk. Avodah is committed to ensuring our Corps Members are minimizing the risk of exposing placement colleagues and clients to COVID-19. Corps Members must also be careful about the potential of exposing their housemates due to potential exposure in their workplaces. Therefore, we ask that all placements follow the below guidelines for Corps Members who are working directly with clients.
2. In-person assistance with clients inside building:
 - a. Staff members, Corps Members and clients will wear face coverings at all times and maintain 6 ft of separation.
 - b. Where possible, in-person work will take place in a designated room/area selected by the placement where a sneeze-guard or other transparent separation may be affixed to protect the staff member.
 - c. When possible, open windows in the room
 - d. Corps Members should wash hands and/or use hand sanitizer after touching anything that the client touched.
3. In-person assistance with clients outside of building:
 - a. Staff members, Corps Members and clients will wear face coverings at all times and maintain 6 ft of separation.
 - b. Hand sanitizer provided should there be any exchange of documents or materials with clients, or handling of client belongings
4. In-person assistance with clients in their homes
 - a. Prior to entering a client's home, the Corps Member should ask them how they are feeling, and if they've been exposed to anyone who tested positive for COVID-19 in the last two weeks. If the client has any symptoms, the Corps Member should not enter their home.
 - b. Corps Members should only enter a client's home if the client is wearing a mask.

- c. Upon entering the client’s home, Corps Members should maintain 6ft+ of separation with the client for the duration of the visit.
- d. Upon entering the clients home, Corps Members should ask the client if it is okay to open windows and/or leave the door open to increase ventilation.

Protocol for In-Person Essential Workers

In Person Work by Stage and Vaccination Status

Item	Vaccination Status	Stage A	Stage B	Stage C	Stage D	Stage E
In Person Work	Vaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated	Corps Members who fall into their city's definition of “essential workers” may conduct their placement role in person.	We define “essential work” to be any work that cannot be done remotely. All Corps Members who fall into this category may conduct their placement role in person. All work that can be done remotely should be done remotely.		We define “essential work” to be any work that cannot be done remotely. CMs who fall into this category may conduct their placement role in person. CMs who are not in that category but who have been asked to return to their placements in person may do so with their Program Director’s approval.	No restrictions
	Unvaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated					
	Vaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated		We define “essential work” to be any work that cannot be done remotely. CMs who fall into this category may conduct their placement role in person. CMs who are not in that category but who have been asked to return to their placements in person may do so with their Program Director’s approval.			
	Unvaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated		We define “essential work” to be any work that cannot be	We define “essential work” to be any work that cannot be done remotely. Corps Members who fall into this category may conduct their placement role in		

			done remotely. All CMs who fall into this category may conduct their placement role in person. All work that can be done remotely should be done remotely.	person. Corps Members who are not in that category but who have been asked to return to their placements in person may do so with their Program Director's approval.	
	CMs in a bayit where 100% of CMs are fully vaccinated		Any Corps Member who wishes to conduct their placement role in person may conduct their placement role in person, as long as their placement has COVID protocol in place.		

Protocol for In-Person Essential Workers Returning Home to the Bayit After Serving at their Placements

The following protocols are applicable to Corps Members who have been deemed “essential workers,” meaning that they are traveling to and from their service placement and are working face-to-face with clients.

For Corps Members in New Orleans, DC, Chicago and Bushwick:

1. Set up a hand wash/ (or if there is no sink present) hand sanitizer station outside of the bayit. (Ideally, this should be in a garage or porch area.)
2. If the Corps Member has no reason to believe that they may have had “significant contact” with someone with COVID-19:
 - a. Upon arriving home to the bayit, the Corps Member should wash/sanitize their hands before touching a doorknob or any other communal surface that other Corps Members will regularly come into contact with. (If the Corps Member has their own personal sanitizer, there is no need to use the hand wash/sanitizer station.)
 - b. After washing/sanitizing their hands, the Corps Member may proceed into the bayit.
 - c. Once in the bayit the Corps Member should immediately change their clothing, and wash their hands. Whenever possible, the Corps Member should also shower before interacting with other members of the bayit or sitting in communal areas.
3. If the Corps Member believes they may have had “close contact” with someone with COVID-19 please immediately follow the quarantine protocol, which [can be found here](#).

Close Contact With Anyone Outside of the Household

The following protocols relate to decisions regarding Corps Members who have had close contact with anyone outside of their bayit and are living in the Avodah bayit.

General Principles & Close Contact and Return to Bayit Request Process

1. Every time a Corps Member has close contact with anyone outside of their Avodah household, they increase their risk of potential exposure to COVID-19. Given this increased risk, all Corps Members living in Avodah baytim are expected to refrain from avoidable close contact with anyone outside of their household following the parameters laid out in the charts above.
2. While we expect that Corps Members who live in Avodah baytim will refrain from close contact with anyone outside of their household, whenever required by stage and vaccination status, we recognize that Corps Members' mental health is often dependent on visiting with friends and family outside of the bayit. To balance these needs we have made the following two modifications.
 - a. Corps Members may participate in the Avodah program while living outside of the Avodah bayit. Corps Members who choose to live outside of the Avodah bayit while participating in the Avodah Service Corps are not bound by Avodah Covid protocols, including these guidelines for close contact. Any Corps Member who chooses to participate in Avodah while living outside the Avodah bayit must receive approval from their placement and program director to participate from their location of choice.
 - b. Corps Members living in the bayit who wish to have close-contact with person(s) outside of the Avodah household and then return to living in the Avodah bayit should follow the process outlined below.
 - i. The Corps Member should fill out the "close contact and return to bayit [request form](#)" as soon as they know when they would like to have close contact with someone outside of their household. In general, staff need two weeks to consider a request. Requests made without two weeks notice will be considered on a case-by-case basis. In the majority of cases, the Corps Member will be expected to quarantine prior to returning to the Avodah bayit (see chart for specifics).
 1. Avodah staff will try to accommodate requests to return to living in the bayit after close contact, utilizing a combination of quarantine and testing and any other available methods as determined by Avodah medical advisors. [See this section to read additional considerations.](#)
 2. In the case of emergencies, (e.g., if someone goes to the hospital or if a family member is sick or passes away), please notify your program director immediately if you have left the bayit and you wish to return. After notifying your program director, please fill out the request to return to bayit form.
 - ii. Requests will either be tentatively approved or denied. Due to how quickly circumstances change with COVID, no requests will be definitely approved. All Corps Members who have close contact and return to bayit requests tentatively approved must be prepared to have changes made to their plan, including not being able to return to the bayit on their originally planned timeline and/or changes to their quarantine.
 - iii. When a Corps Member is outside of the bayit, and has been tentatively approved to return, they are required to have a check-in phone call with an Avodah staff member the weekday prior to their planned return date. On this call, the Avodah staff member will assess if any changes need to be made to the quarantine plan. The main considerations that the staff will think through are:

1. If the Corps Member, or anyone they are in close contact with on their trip is not feeling well;
 2. If the Corps Member, or anyone they were in close contact with on their trip has unexpected close contact with anyone else during their trip;
 3. If the Corps Member, or anyone they are in close contact with on their trip finds out that they are a close contact of someone with COVID;
 4. If there are any updated travel or stay-at-home orders that impact the plan;
 5. If there are any new best practices or guidance released by the CDC or other reputable sources; or
 6. If there is a significant rise in cases where the Corps Member is visiting or in the city they are returning to.
- c. Corps Members' privacy is important to Avodah staff. We will ask Corps Members to disclose only what is necessary to determine exposure risk. Avodah staff does not anticipate needing to know the specifics about what type of close contact occurred. Avodah only needs to know *if* close contact, as defined by the [CDC guidelines](#), occurred. Avodah staff will work closely with the Corps Member to determine a quarantine plan prior to returning to the Avodah bayit.
- d. Any Corps Member who leaves the Avodah bayit without planning to return needs to take their belongings with them. If a Corps Member leaves the Avodah bayit and later decides not to return, they are responsible for either working with Avodah staff to pick up their belongings, or for the cost of having their belongings shipped to them (including cost of labor).
- e. Any decisions to allow Corps Members to return to the bayit will be made with guidance from public health and medical professionals.

Considerations When Approving or Denying Close Contact and Return to Bayit Requests

Multiple factors will be considered when determining whether or not it is possible to approve a request. The ability to approve plans depends on various factors, including the following:

1. COVID-19 rates in the city the bayit is in, as well as in the city the Corps Member hopes to spend time in (if overnight close contact);
2. The mode of transportation the Corps Member takes;
3. The number of Corps Members in a bayit hoping to do this at the same or overlapping times;
4. The specific circumstances of the Corps Member's close contact; city/state/federal orders;
5. Best practices from CDC and other experts;
6. Our ethical obligation as a mission-driven organization to stay out of the public sphere to help protect those who are most vulnerable to COVID-19;
7. The ability to create a quarantine plan in-line with [Avodah quarantine protocol](#); and
8. Whether or not it is an emergency situation.

Close Contact and Return to Bayit by Stage and Vaccination Status

Item	Vaccination Status	Stage A	Stage B	Stage C	Stage D	Stage E
Return to	Vaccinated	CMs are	Corps	Requests to return to the bayit		No

bayit via flights, trains, and multi-night drives	CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated	<p>strongly encouraged to not travel unless it is an emergency.</p> <p>Requests to return will only be considered when the mode of transportation is self-contained (driving, walking, biking). Overnight drives with more than one stop will not be considered.</p> <p>Exceptions will be made if the Corps Member is not safe in the location where they have gone..</p>	<p>Members are strongly encouraged to not travel with non-self contained modes of transportation unless it is an emergency.</p> <p>New requests to return to the bayit in non- self contained modes of transportation will not be considered.</p> <p>If a CM left the bayit when we were in stage D, and then rates increase to stage C while they are out of the bayit, CMs will be permitted to return to the bayit.</p>	<p>with any mode of transportation will be considered. Quarantines may be required for both unvaccinated and vaccinated CMs depending on their form of transportation.</p>	restrictions
	Unvaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated	<p>Requests to return will only be considered when the mode of transportation is self-contained (driving, walking, biking). Overnight drives with more than one stop will not be</p>	<p>Requests to return to the bayit in non-self contained modes of transportation will not be considered.</p> <p>If a Corps left the bayit when we were in stage D, and then rates increase to stage C while they are out of</p>	<p>Requests to return to the bayit with any mode of transportation will be considered. Quarantines will likely be required for both unvaccinated and vaccinated Corps Members.</p>	

			considered. Exceptions will be made if the Corps Member is out of the bayit and is not safe in the location where they have gone.	the bayit, Corps Members will be permitted to return to the bayit.		
	Vaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated		Corps Members are strongly encouraged to not travel with non-self contained modes of transportation unless it is an emergency. New requests to return to the bayit in non- self contained modes of transportation will not be considered. If a CM left the bayit when we were in stage D, and then rates increase to stage C while they are out of the bayit, CMs will be permitted to return to the bayit.	Requests to return to the bayit with any mode of transportation will be considered. Quarantines may be required for both unvaccinated and vaccinated CMs depending on their form of transportation.		
	Unvaccinated CMs in a bayit where <u>more</u>		Requests to return will only be	New requests to return to the bayit in non-	Requests to return to the bayit with any	

	<p>than 80% of CMs are fully vaccinated</p>		<p>considered when the mode of transportation is self-contained (driving, walking, biking). Overnight drives with more than one stop will not be considered.</p> <p>Exceptions will be made if the Corps Member is out of the bayit and is not safe in the location where they have gone.</p>	<p>self contained modes of transportation will not be considered.</p> <p>If a CM left the bayit when we were in stage D, and then rates increase to stage C while they are out of the bayit, CMs will be permitted to return to the bayit.</p>	<p>mode of transportation will be considered. Quarantines may be required for both unvaccinated and vaccinated CMs depending on their form of transportation.</p>	
	<p>CMs in a bayit where 100% of CMs are fully vaccinated</p>		<p>Corps Members are strongly encouraged to not travel with non-self contained modes of transportation unless it is an emergency.</p> <p>New requests to return to the bayit in non- self contained modes of transportation will not be considered.</p> <p>If a CM left the bayit when we were in stage</p>		<p>Requests to return to the bayit with any mode of transportation will be considered. Quarantines may be required for both unvaccinated and vaccinated CMs depending on their form of transportation.</p>	

			D, and then rates increase to stage C while they are out of the bayit, CMs will be permitted to return to the bayit.		
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Protocol for Transportation to Return to the Bayit After Close Contact With Another Household

Driving a personal car, renting a car, taking a rideshare, walking, or biking

Driving a personal car, renting a car, taking a rideshare, walking, or biking are all forms of transportation that are currently permissible when returning to the bayit. If a Corps Member completed their quarantine prior to returning to the bayit, they may either drive themselves alone or drive with someone who quarantined with them. Rideshares may only be taken to return to the bayit when the ride is short (i.e., less than one hour) and the weather permits windows to be done for the entire ride. Please see the following section for [protocol to follow when driving, renting a car, and taking a rideshare](#).

Overnight Stays and Long Road Trips on Drives to Return to Bayit

When overnight stays on the way back to the bayit are permitted, the following protocol must be followed:

- Corps Members may only have one overnight stop on their drive back to the bayit.
- The Corps Member may stay at either a full apartment airbnb or a hotel.
 - The Corps Member should follow the [unoccupied Indoor Space best practices](#).
 - Additionally, if a Corps Member is staying at a hotel, they should only be in common areas of the hotel when they check in and check out. Otherwise, they should remain in the hotel room. All food should be brought to the hotel, or ordered by room service.
 - In the event that a Corps Member has a long road trip with one overnight stay to get back to the bayit, the following considerations will be taken into account when determining whether the quarantine can happen prior to the drive, or must happen in the Corps Members Avodah city:
 - Whether the route of the road trip (and therefore rest stops) are in areas where there tends to be high compliance with masking in public.
 - Whether the location of the overnight stay is in an area where there tends to be high compliance with masking in public.
 - Whether the Corps Member lives in a remote worker bayit or in a bayit with essential workers.
 - The length of the drive (and therefore the number of expected rest stops on the way).
 - The ability to continue minimizing exposure and abiding by Avodah’s quarantine protocol on the drive and overnight stay.

Trains and Planes

When returns to the bayit are permitted by trains and planes, the following protocol should be followed.

1. Travel by Train:

- a. Book a refundable train ticket at an off-peak time.
- b. Bring the following in your carry-on bag: Lysol wipes, mini hand sanitizer, two medical ear loop masks or KN95 masks, food and a reusable water bottle.
- c. From the moment you arrive at the train station, wear your mask for the duration of your trip. Minimize surfaces you touch in the station to the best of your ability. Minimize purchases of food in the station in order to minimize contact with surfaces. Use a Lysol wipe to clean any seats before you sit, as well as surfaces you touch while waiting for your train to board.
- d. Try to find a seat at least 3 feet from people who appear healthy and are wearing a mask, and at least 6 feet away from people not wearing a mask or people who are coughing or sneezing or otherwise appear ill. If possible, situate yourself maximally away from other passengers. Immediately wipe down your seat, tray, and armrests with Lysol wipes.
- e. Do not sit next to someone who is not wearing a mask and/or who is coughing.
- f. If you are able to open windows, open them immediately and leave them open for the duration of your trip.
- g. When you use the restroom in the station or on the train, wipe down toilets before going to the bathroom, and minimize the surfaces you touch in the bathroom. Do not use electrical hand dryers
- h. When leaving the train, continue to minimize surfaces you touch.
- i. Order a rideshare (Uber, Lyft, etc) and follow [Avodah's rideshare protocol](#) to take you to the bayit or quarantine apartment.

2. Travel by Plane:

- a. Choosing your flight:
 - i. If possible, book your flight on an airline that is blocking middle seats (As of 2/22 Delta is the only airline blocking middle seats).
 - ii. All flights must be booked on major, reliable, airlines (Alaska Air, Delta, United, American Air, JetBlue, Southwest, etc.)
 - iii. If possible, book a direct flight.
 - iv. If the flight that meets the majority of risk mitigation considerations above is out of a Corps Member's budget, the Corps Member may apply to Avodah's Economic Access fund for financial support.
- b. Packing your carry-on bag:
 - i. The goal should be to get through security as quickly as possible, while minimizing the number of your personal items that need to touch the conveyor belt.
 - ii. Pack as little as possible in your carry-on bag. But be sure to bring the following in your carry-on bag: Lysol wipes, mini hand sanitizer, high quality and tight fitting masks, food, and a reusable water bottle.
 - iii. The recommended best practice is for your carry-on to be a plastic reusable bag, or a large ziplock bag (not a purse or a backpack). This is because the conveyor belts while going through security have so many peoples' personal items on them, so they may be a

source of viral spreading. Using Lysol to wipe a cloth bag may spread the germs rather than cleaning them, which is why using plastic bags is recommended.

1. If this is not possible, you should treat your carry on bag as a surface that may have viral particles on it, and hand sanitize after touching it for the next few hours.
- iv. Immediately after going through security, take a Lysol wipe from your carry-on bag and wipe down the outside of the bag thoroughly and then use hand sanitizer on your hands. If your carry-on touches any other surface in the airport, you should wipe it down again.
- c. Spending Time at the Airport:
 - i. From the moment you arrive at the airport, wear your mask for the duration of your trip. Surgical ear loop masks, KN95s, or 2 masks (double masking) should be worn while flying.
 - ii. Eat prior to arriving at the airport to minimize need to remove your mask. Remove mask only briefly for quickly eating and drinking.
 - iii. Minimize surfaces you touch in the airport to the best of your ability and use hand sanitizer liberally, especially after touching any surface.
 - iv. Minimize purchases of food in the airport in order to minimize contact with surfaces.
 - v. Use Lysol to wipe down plastic or leather seats before you sit, or surfaces before you touch them while waiting for your flight to board.
- d. While on the Airplane:
 - i. Keep your mask on for the duration of the flight. Remove it only briefly for quickly eating or drinking.
 - ii. When you get on the airplane, immediately wipe down your seat (if it is plastic or leather, not if it's fabric), tray, armrests, and tv (if there is one) with Lysol wipes.
 - iii. If you are seated within 3 feet of someone who appears healthy and is wearing a mask, or within 6 feet of someone not wearing a mask who is coughing or sneezing or otherwise appears ill, and if there are open seats on the plane, ask the flight attendant if you can switch seats to situate yourself maximally away from other passengers.
 - iv. If you need to use the restroom during the flight, wipe down the toilet seat before using it, and minimize surfaces you touch. Use hand sanitizer liberally upon returning to your seat.
- e. Traveling from the Airport to the Bayit / quarantine apartment:
 - i. When leaving the flight, continue to minimize surfaces you touch.
 - ii. Order an rideshare (Uber, Lyft, etc) and follow [Avodah's rideshare protocol](#).

Close Contact and Returning to the Bayit during Holidays/Peak Travel Times

1. Travel during peak travel/holiday times is likely to increase risk of Covid-exposure. As the volume of people traveling increases, so does the potential for Covid transmission.
2. As requests to return to the bayit are considered, the number of Corps Members needing to do this simultaneously greatly influences the possibility of low-risk reintegration.
3. Additionally, given the length of time needed for quarantine prior to reintegrating in the Avodah bayit, Corps Members serving in-person have far less-flexibility with their time-off than virtual workers.

Given these limitations, it is unlikely that multiple requests to return to the bayit after close-contact will be approved in the two weeks after major holidays/peak travel times. Because of the increased risk and volume associated with holiday travel, Corps Members will need to submit any requests a minimum of 4-6 weeks in advance of the requested travel. We ask that all Corps Members consider their ability to spend holidays/peak travel times together at the bayit. If there are more than one or two Corps Members who wish to return to the bayit in the two weeks following any holiday/peak travel time, the Corps Members should discuss their needs around holiday travel together as a household, taking into account in-person vs. virtual service and other specific and unique circumstances to ensure an equitable process for everyone. After discussing as a house, Corps Members who wish to travel and then return to the bayit should submit the close contact and return form. Program Directors are available to work with Corps Members to support in these conversations.

Quarantine, Isolation, and COVID-19 Protocols

The following protocols have been developed to address potential situations in which a Corps Member is exposed to, has symptoms of, is diagnosed with COVID-19, or has close contact with another household. We take all such situations very seriously and will adhere to the following steps. We ask that all Corps Members do the same. Our goals are twofold: to keep Corps Members as safe as possible, and to keep anyone Corps Members interact with (e.g., clients, placement colleagues, grocery store cashiers, etc.) safe as well. These exposure scenario protocols will be updated as new research and best practices emerge. Avodah abides by all CDC, city, state, federal orders regarding quarantine and isolation.

Scenarios When Quarantine and/or Getting a COVID-19 Test is Required

Scenario	Type of Quarantine / Protocol	Testing Required
After a Corps Member has close contact with another household, with no known COVID exposure.	Various quarantines could be approved, depending on the exposure that occurred, vaccination status, and current COVID rates. See protocol on different versions of quarantines for more information.	On day 5 or 8 of the quarantine, depending on which type of quarantine was approved.
A CM has been in close contact with someone who has tested positive, or is a presumed positive, for COVID-19	Various quarantines could be approved, depending on the exposure that occurred, vaccination status, and current COVID rates. See protocol on different versions of quarantines for more information.	5 days since the last exposure to the person who tested positive. Additional tests may be required, depending on the type of exposure.
A CM in the household begins experiencing COVID-19 symptoms	See protocol for a symptomatic Corps Member here .	Immediately. Additional tests may be required depending on symptoms, exposure history, and outcome from the initial test.
Multiple CMs in the household begin exhibiting COVID-19 symptoms	See protocol for a symptomatic Corps Member here .	Immediately. Additional tests may be required depending on symptoms, exposure history, and outcome from the initial test.
A CM receives	See protocol for when a Corps	The CM who received the positive

a positive rapid antigen test result for COVID-19	Member received a positive rapid test result here.	<p>rapid test will get a PCR test immediately. When available, they will get a same day PCR test.</p> <p>All housemates of the CM who received the positive rapid test will get a standard PCR COVID test immediately.</p> <p>Depending on the results of the PCR tests, more testing may be necessary.</p>
A CM receives a positive PCR test result for COVID-19	See protocol for when a Corps Member received a positive PCR test result here.	<p>All housemates of the CM who received the positive PCR test will get PCR tests on day 1, 5, and 8 of their quarantine.</p> <p>If any housemates begin experiencing symptoms, they will get a PCR test immediately.</p>
Surveillance Testing	N/A	CMs in each bayit are required to get occasional surveillance tests. Each bayit has a customized plan for surveillance testing, that was made in partnership with Avodah staff.

Different Versions of Quarantines

Length of Quarantine

There are multiple possible lengths of a quarantine that may be approved depending on the exposure that occurred, vaccination status, and current COVID rates. The options we consider are based in best practices, and will continue to change as new best practices emerge. In order to determine which quarantine is necessary, we look at the specific circumstances of the Corps Member's request.

1. 7 day quarantine with a test on day 5 (i.e., quarantine for 5 days, get a PCR COVID test, and continue to quarantine until you receive a negative test result AND it's been at least 7 days).
2. 10 day quarantine with a test on day 8 (i.e., quarantine for 8 days, get a PCR COVID test, and continue to quarantine until you receive a negative test result AND it's been at least 10 days).
3. 14 day quarantine.
4. No quarantine necessary: When rates are low and meet our stage C/D/E guidelines, we will consider approving a request with no quarantine if the household the Corps Member was visiting has COVID practices that meet our quarantine protocol.

Types of Quarantine

There are multiple types of quarantines that may be approved depending on the exposure that occurred, vaccination status, and current COVID rates. Any of these may be approved for any of the above lengths of time, depending on the circumstances.

1. Quarantine with the household the Corps Member is visiting prior to returning to the bayit. All of the following must be met in order to meet this level of quarantine:

- a. The Corps Member and everyone in the household they will be visiting, will be working and/or going to school 100% remotely during the quarantine;
- b. The Corps Member, and everyone in the household they will be visiting, will not run essential errands unless they are emergencies. All essential errands that are avoidable must be postponed or done contactless (e.g., groceries should be delivered or picked up with curbside pickup, prescriptions should be picked up in advance). If there is an emergency need for an essential errand, the Corps Member should be in touch with Avodah staff to discuss the specific situation to determine if an additional quarantine is necessary.
- c. The Corps Member, and everyone in the household they will be visiting, will not be indoors anywhere besides their household, during the quarantine.
- d. The Corps Member, and everyone in the household they will be visiting, will only socialize indoors with members of their household. Any socializing with anyone not residing in their household will take place outdoors, masked, and distanced at a minimum of 6 feet. Any unmasked interactions with anyone not residing in their household must be outdoors and distanced at a minimum of 10 feet.
- e. The Corps Member, and everyone in the household they will be visiting, will only drive their personal car, with members of their household, during their quarantine. They will not take public transportation during the quarantine;
- f. Nobody new will be joining the household during the quarantine; and
- g. The Corps Member will be either driving a personal car, taking a rideshare following Avodah's protocol for rideshares or renting a car and driving themselves back to the bayit at the end of the quarantine.

2. Quarantine at the household the Corps Member is visiting prior to returning to the Avodah bayit, but in a strict bedroom quarantine away from other members of the household they are visiting. All of the following must be met in order to meet this level of quarantine. During the quarantine:

- a. The Corps Member will have their own bedroom;
- b. The Corps Member will either have their own bathroom, or thoroughly clean the bathroom while masked before each use;
- c. The Corps Member will be masked at all times while in the house and outside of their bedroom;
- d. The Corps Member will not socialize indoors with anyone, including members of the household they are visiting, indoors;
- e. The Corps Member will not be indoors anywhere besides their household during the quarantine;
- f. The Corps Member is permitted to use the kitchen at times when nobody else is in the kitchen. The Corps Member must be masked at all times when using the kitchen, and should open the window if possible;

- g. The Corps Member will only eat food they prepare for themselves, takeout, or food someone prepares for them while taking careful hygiene precautions (such as washing hands thoroughly prior to cooking, not cooking for others if sick, etc);
- h. The Corps Member will not run essential errands unless they are emergencies. All essential errands that are avoidable must be postponed or done contactless (e.g., groceries should be delivered or picked up with curbside pickup, prescriptions should be picked up in advance). If there is an emergency need for an essential errand, the Corps Member should be in touch with Avodah staff to discuss the specific situation to determine if an additional quarantine is necessary;
- i. The Corps Member will eat meals either alone in their bedroom or outside, socially distanced a minimum of 10 feet away from other people. They will not eat indoors with the household they are visiting;
- j. The Corps Member will only drive a personal car, with nobody else in the car, during their quarantine. They will not take public transportation; and
- k. The Corps Member will be either driving a personal car, taking a rideshare following Avodah's protocol for rideshares or renting a car and driving themselves back to the bayit at the end of the quarantine.

3. Quarantine at the household the Corps Member is visiting prior to returning to the Avodah bayit, but in a partial bedroom quarantine away from other members of the household they are visiting. All of the following must be met in order to meet this level of quarantine. During the quarantine:

- a. The Corps Member will have their own bedroom;
- b. The Corps Member will either have their own bathroom, or thoroughly clean the bathroom while masked before each use;
- c. The Corps Member will be masked at all times while in the house and outside of their bedroom;
- d. The Corps Member will be permitted to socialize indoors with the members of the household they are visiting but must be masked at all times. The Corps Member must maintain as much distance as possible (including not having physical interactions) and should open a window when possible;
- e. The Corps Member will not be indoors anywhere besides their household during the quarantine;
- f. The Corps Member will only eat food they prepare for themselves, takeout, or food someone prepares for them while taking careful hygiene precautions (such as washing hands thoroughly prior to cooking, not cooking for others if sick, etc);
- g. The Corps Member will not run essential errands unless they are emergencies. All essential errands that are avoidable must be postponed or done contactless (e.g., groceries should be delivered or picked up with curbside pickup, prescriptions should be picked up in advance). If there is an emergency need for an essential errand, the Corps Member should be in touch with Avodah staff to discuss the specific situation to determine if an additional quarantine is necessary;
- h. The Corps Member will eat meals either alone in their bedroom or outside socially distanced a minimum of 10 feet away from other people. They will not eat indoors with the household they are visiting;

- i. The Corps Member will only drive a personal car, with nobody else in the car, during their quarantine. They will not take public transportation; and
- j. The Corps Member will be either driving a personal car, taking a rideshare following Avodah's protocol for rideshares or renting a car and driving themselves back to the bayit at the end of the quarantine.

4. Quarantine in an off-site Avodah quarantine apartment, prior to returning to the bayit. All of the following must be met in order to meet this level or quarantine:

- a. The Corps Member will not run essential errands unless they are emergencies. All essential errands that are avoidable must be postponed or done contactless (e.g., groceries should be delivered or picked up with curbside pickup, prescriptions should be picked up in advance). If there is an emergency need for an essential errand, the Corps Member should be in touch with Avodah staff to discuss the specific situation to determine if an additional quarantine is necessary;
- b. The Corps Member will only drive a personal car, with nobody else in the car, during this time. They will not take public transportation (unless they are going to work as an essential worker);
- c. If the Corps Member is approved for a strict quarantine, they will not be indoors in the Avodah bayit.
 - i. The Corps Member will only socialize with people, including their housemates, while outdoors, masked and socially distanced at a minimum of 6 feet;
- d. If the Corps Member is approved for a partial quarantine, then they are permitted to socialize indoors in the bayit with their housemates, but must be masked at all times. The Corps Member must maintain as much distance as possible (including not having physical interactions) and should open a window when possible;
 - i. The Corps Member will only socialize with people who are not their housemates while outdoors, masked and socially distanced at a minimum of 6 feet;
- e. The Corps Member will eat meals either alone in the auxiliary apartment or outside socially distanced a minimum of 10 feet away from other people. They will not eat indoors with their bayit, regardless of whether or not this is a strict or partial quarantine.
- f. Essential workers are permitted to do in-person work during the quarantine. The Corps Member is responsible for letting their placement know that they are quarantining post close contact with a household that is not their primary household and confirming that their placement is comfortable with them continuing in-person service during the quarantine.

5. A partial bedroom quarantine upon returning to the Avodah bayit. All of the following must be met in order to meet this level of quarantine:

- a. The Corps Member will not run essential errands unless they are emergencies. All essential errands that are avoidable must be postponed or done contactless (e.g., groceries should be delivered or picked up with curbside pickup, prescriptions should be picked up in advance). If there is an emergency need for an essential errand, the Corps Member should be in touch with Avodah staff to discuss the specific situation to determine if an additional quarantine is necessary;
- b. The Corps Member can socialize indoors while masked with their housemates. They should not cook for the bayit, and they should maintain distance from housemates as much as they can (no

physical interaction). When weather allows, they should open the windows while socializing indoors with housemates to increase airflow;

- c. The Corps Member will only socialize with people who do not live in the bayit while outdoors, masked and socially distanced at a minimum of 6 feet;
- d. The Corps Member will only drive a personal car, with nobody else in the car, during this time. They will not take public transportation (unless they are going to work as an essential worker);
- e. The Corps Member will work with their housemates to figure out a way to have their own bedroom for the duration of the quarantine;
- f. The Corps Member will either have access to their own bathroom, or will thoroughly clean the bathroom while masked after they use it;
- g. The Corps Member will eat all meals either in their bedroom or outdoors. If they are eating outdoors with their housemates, they will maintain social distance at a minimum of 10 feet; and
- h. The quarantining Corps Member will follow the following instructions for using the kitchen.
 - i. Wear a high-quality, well-fitting mask the entire time they are in the kitchen.
 - ii. Immediately upon entering the kitchen, wash their hands thoroughly for at least 20 seconds.
 - iii. If possible, open the window for the duration of the time they are in the kitchen.
 - iv. Only touch the items they need.
 - v. Prepare their food quickly in order to try to spend as little time as possible in the kitchen.
 - vi. Wipe down surfaces that they've touched with disinfectant wipes after use (especially high-touch surfaces like the fridge handle and sink).
 - vii. Not eat in the kitchen. Take their food back to their bedroom or outdoors to eat.
- i. Essential workers are permitted to do in-person work during the quarantine. The Corps Member is responsible for letting their placement know that they are quarantining post close contact with a household that is not their primary household and confirming that their placement is comfortable with them continuing in person service during the quarantine.

6. A strict bedroom quarantine upon returning to the Avodah Bayit. All of the following must be met in order to meet this level of quarantine:

- a. The Corps Member will not run essential errands unless they are emergencies. All essential errands that are avoidable must be postponed or done contactless (e.g., groceries should be delivered or picked up with curbside pickup, prescriptions should be picked up in advance). If there is an emergency need for an essential errand, the Corps Member should be in touch with Avodah staff to discuss the specific situation to determine if an additional quarantine is necessary.
- b. The Corps Member will only socialize with people while outdoors, masked and socially distanced at a minimum of 6 feet;
- c. The Corps Member will only drive a personal car, with nobody else in the car, during this time. They will not take public transportation (unless they are going to work as an essential worker);
- d. The Corps Member will not socialize in the rest of the bayit indoors nor will they spend time in communal areas;
- e. The Corps Member will work with their housemates to figure out a way to have their own bedroom for the duration of the quarantine;

- f. The Corps Member will either have access to their own bathroom, or will thoroughly clean the bathroom while masked after they use it;
- g. The Corps Member will eat all meals either in their bedroom or outdoors. If they are eating outdoors with their housemates, they will maintain social distance at a minimum of 10 feet; and
- h. If the Corps Member is not symptomatic, they are permitted to use the kitchen and laundry while masked at a time when no other Corps Members are in the kitchen. The Corps Member should follow these steps when using the kitchen:
 - i. Prior to using the kitchen, communicate with housemates to ensure that nobody will be in the kitchen for the duration of the time they are using the kitchen.
 - ii. Wear a high-quality, well-fitting mask the entire time they are in the kitchen.
 - iii. Immediately upon entering the kitchen, wash their hands thoroughly for at least 20 seconds.
 - iv. If possible, open the window for the duration of the time they are in the kitchen.
 - v. Only touch the items they need.
 - vi. Prepare their food quickly in order to try to spend as little time as possible in the kitchen. Not spend time socializing with housemates during this time. Try to minimize the number of trips they need to take to the kitchen.
 - vii. Wash all dishes you use immediately, so as to not need to come back to the kitchen.
 - viii. Wipe down surfaces they touch with disinfectant wipes after use (especially high-touch surfaces like the fridge handle and sink).
 - ix. Not eat in the kitchen. Take their food back to your bedroom to eat.
 - x. If a housemate accidentally comes into the kitchen, immediately remind them that they may not enter the kitchen.
- i. If the Corps Member is symptomatic, they are not permitted to use the kitchen or laundry. The Corps Members housemates will support them by bringing them food.

Quarantines Based on Stage and Vaccination Status

Item	Vaccination Status	Stage A	Stage B	Stage C	Stage D	Stage E
After Close Contact with <u>one</u> household where not everyone is vaccinated and returning to the bayit via self contained modes of transportation	Vaccinated CMs in a bayit where less than 80% of CMs are fully vaccinated	Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are: <ul style="list-style-type: none"> - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 				No restrictions
		Note: The less restrictive quarantine options will only be possible if				

	<p>nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>	
<p>Unvaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 (with a test on day 5) or 10 day (with a test on day 8) strict quarantine, depending on the exposure of the household the Corps Member is seeing - 10 day (with a test on day 8) strict quarantine always, regardless of the exposure of the household the Corps Member is seeing <p><i>Avodah staff will assess on a case by case basis if less restrictive quarantines are possible, based on the specific circumstances</i></p> <p>Note: The less restrictive quarantines options will only be possible if nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>	
<p>Vaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 <p>Note: The less restrictive quarantines options will only be possible if nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>	
<p>Unvaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 (with a test on day 5) or 10 day (with a test on day 8) strict quarantine, depending on the exposure of the household the Corps Member is seeing - 10 day (with a test on day 8) strict quarantine, regardless of the exposure of the household the Corps Member is seeing 	

		<p><i>Avodah staff will assess on a case by case basis if less restrictive quarantines are possible, based on the specific circumstances</i></p> <p>Note: The less restrictive quarantines options will only be possible if nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>	
	<p>CMs in a bayit where 100% of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - No quarantine required, unless the Corps Member is having close contact with anyone who is engaging in high risk COVID activities, or the CM is engaging in high risk COVID activities while out of the bayit. - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 	
<p>After Close Contact with <u>more than one</u> household where not everyone is vaccinated and returning to the bayit via self contained modes of transportation</p>	<p>Vaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 <p>Note: The less restrictive quarantines options will only be possible if nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>	<p>No restrictions</p>
	<p>Unvaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 (with a test on day 5) or 10 day (with a test on day 8) strict quarantine, depending on the exposure of the 	

<p>vaccinated</p>	<p>household the Corps Member is seeing</p> <ul style="list-style-type: none"> - 10 day (with a test on day 8) strict quarantine always, regardless of the exposure of the household the Corps Member is seeing <p><i>Avodah staff will assess on a case by case basis if less restrictive quarantines are possible, based on the specific circumstances</i></p> <p>Note: The less restrictive quarantines options will only be possible if nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>	
<p>Vaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 <p>Note: The less restrictive quarantines options will only be possible if nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>	
<p>Unvaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 (with a test on day 5) or 10 day (with a test on day 8) strict quarantine, depending on the exposure of the household the Corps Member is seeing - 10 day (with a test on day 8) strict quarantine always, regardless of the exposure of the household the Corps Member is seeing <p><i>Avodah staff will assess on a case by case basis if less restrictive quarantines are possible, based on the specific circumstances</i></p> <p>Note: The less restrictive quarantines options will only be possible if nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>	

	<p>CMs in a bayit where 100% of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - No quarantine required, unless the Corps Member is having close contact with anyone who is engaging in high risk COVID activities, or the CM is engaging in high risk COVID activities while out of the bayit. - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 	
<p>After Close Contact with <u>one</u> household where everyone is vaccinated and returning to the bayit via self contained modes of transportation</p>	<p>Vaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - No quarantine required, unless the Corps Member is having close contact with anyone who is engaging in high risk COVID activities, or the CM is engaging in high risk COVID activities while out of the bayit. - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 	<p>No restrictions</p>
	<p>Unvaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 (with a test on day 5) regardless of the exposure of the household the Corps Member is seeing (as long as the Corps Member is not having close contact with anyone who is engaging in high risk COVID activities, and the Corps member is not engaging in high risk COVID activities while out of the bayit). - 7 (with a test on day 5) or 10 day (with a test on day 8) strict quarantine, depending on the exposure of the household the Corps Member is seeing - 10 day (with a test on day 8) strict quarantine always, regardless of the exposure of the household the Corps Member is seeing <p><i>Avodah staff will assess on a case by case basis if less restrictive</i></p>	

	<p><i>quarantines are possible, based on the specific circumstances</i></p> <p>Note: The less restrictive quarantines options will only be possible if nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>	
<p>Vaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - No quarantine required, unless the Corps Member is having close contact with anyone who is engaging in high risk COVID activities, or the CM is engaging in high risk COVID activities while out of the bayit. - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 	
<p>Unvaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 (with a test on day 5) regardless of the exposure of the household the Corps Member is seeing (as long as the Corps Member is not having close contact with anyone who is engaging in high risk COVID activities, and the Corps member is not engaging in high risk COVID activities while out of the bayit). - 7 (with a test on day 5) or 10 day (with a test on day 8) strict quarantine, depending on the exposure of the household the Corps Member is seeing - 10 day (with a test on day 8) strict quarantine always, regardless of the exposure of the household the Corps Member is seeing <p>Note: The less restrictive quarantines options will only be possible if nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>	
<p>CMs in a bayit where 100% of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - No quarantine required, unless the Corps Member is 	

		<p>having close contact with anyone who is engaging in high risk COVID activities, or the CM is engaging in high risk COVID activities while out of the bayit.</p> <ul style="list-style-type: none"> - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 	
<p>After Close Contact with <u>more than one one</u> household where everyone is vaccinated and returning to the bayit via self contained modes of transportation</p>	<p>Vaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - No quarantine required, unless the Corps Member is having close contact with anyone who is engaging in high risk COVID activities, or the CM is engaging in high risk COVID activities while out of the bayit. - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 	<p>No restrictions</p>
	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 10 day quarantine, where the first 7 days are a strict quarantine, the last three days are a partial quarantine, and a PCR COVID test is taken on day 8 (as long as the Corps Member is not having close contact with anyone who is engaging in high risk COVID activities, and the Corps member is not engaging in high risk COVID activities while out of the bayit). - 10 day (with a test on day 8) strict quarantine always, regardless of the exposure of the household the Corps Member is seeing <p><i>Avodah staff will assess on a case by case basis if less restrictive quarantines are possible, based on the specific circumstances</i></p> <p>Note: The less restrictive quarantines options will only be possible if nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>		

<p>Vaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - No quarantine required, unless the Corps Member is having close contact with anyone who is engaging in high risk COVID activities, or the CM is engaging in high risk COVID activities while out of the bayit. - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 	
<p>Unvaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 10 day quarantine, where the first 7 days are a strict quarantine, the last three days are a partial quarantine, and a PCR COVID test is taken on day 8 (as long as the Corps Member is not having close contact with anyone who is engaging in high risk COVID activities, and the Corps member is not engaging in high risk COVID activities while out of the bayit). - 10 day (with a test on day 8) strict quarantine always, regardless of the exposure of the household the Corps Member is seeing <p><i>Avodah staff will assess on a case by case basis if less restrictive quarantines are possible, based on the specific circumstances</i></p> <p>Note: The less restrictive quarantines options will only be possible if nobody the Corps Member is seeing has engaged in high risk COVID activities in the two weeks leading up seeing the Corps Member, and the Corps Member does not plan to engage in any high risk activities while they are out of the bayit.</p>	
<p>CMs in a bayit where 100% of CMs are fully vaccinated</p>	<p>Length of quarantine will vary based on exposure. Potential quarantines, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - No quarantine required, unless the Corps Member is having close contact with anyone who is engaging in high risk COVID activities, or the CM is engaging in high risk COVID activities while out of the bayit. - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 	

		<ul style="list-style-type: none"> - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 	
After Close Contact and returning to the bayit via non-self contained modes of transportation or multi-night overnight drives	Vaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated	<p>Requests to return to the bayit via non-self contained modes of transportation or multi-night overnight drives will not always be considered. To see when these requests will be considered, please see the chart titled "Close Contact and Return to Bayit by Stage and Vaccination Status".</p> <p>When requests to return are being considered where this mode of transportation is allowed, or if a CM is ever unsafe where they are, the following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - No quarantine required, unless the Corps Member is having close contact with anyone who is engaging in high risk COVID activities, or the CM is engaging in high risk COVID activities while out of the bayit. - 7 day partial quarantine, with a test on day 5 - 7 day strict quarantine, with a test on day 5 - 10 day partial quarantine, with a test on day 8 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day strict quarantine, with a test on day 8 <p>Note: The less restrictive quarantine options will only be possible in some circumstances, based on the exposure the Corps Member is having while out of the bayit and the exposure on the return trip.</p>	No restrictions
	Unvaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated	<p>Requests to return to the bayit via non-self contained modes of transportation or multi-night overnight drives will not always be considered. To see when these requests will be considered, please see the chart titled "Close Contact and Return to Bayit by Stage and Vaccination Status".</p> <p>When requests to return are being considered where this mode of transportation is allowed, or if a CM is ever unsafe where they are, the following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 10 day strict quarantine, with a test on day 8 	
	Vaccinated CMs in a bayit	<p>Requests to return to the bayit via non-self contained modes of transportation or multi-night overnight drives will not always be</p>	

<p>where more than 80% of CMs are fully vaccinated</p>	<p>considered. To see when these requests will be considered, please see the chart titled "Close Contact and Return to Bayit by Stage and Vaccination Status".</p> <p>When requests to return are being considered where this mode of transportation is allowed, or if a CM is ever unsafe where they are, the following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 day strict quarantine, with a test on day 5 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted. - 10 day partial quarantine, with a test on day 8 - 10 day strict quarantine, with a test on day 8 <p>Note: The less restrictive quarantine options will only be possible in some circumstances, based on the exposure the Corps Member is having while out of the bayit and the exposure on the return trip.</p>
<p>Unvaccinated CMs in a bayit where more than 80% of CMs are fully vaccinated</p>	<p>Requests to return to the bayit via non-self contained modes of transportation or multi-night overnight drives will not always be considered. To see when these requests will be considered, please see the chart titled "Close Contact and Return to Bayit by Stage and Vaccination Status".</p> <p>When requests to return are being considered where this mode of transportation is allowed, or if a CM is ever unsafe where they are, the following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 10 day strict quarantine, with a test on day 8
<p>CMs in a bayit where 100% of CMs are fully vaccinated</p>	<p>Requests to return to the bayit via non-self contained modes of transportation or multi-night overnight drives will not always be considered. To see when these requests will be considered, please see the chart titled "Close Contact and Return to Bayit by Stage and Vaccination Status".</p> <p>When requests to return are being considered where this mode of transportation is allowed, or if a CM is ever unsafe where they are, the following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - Avodah staff assessing on a case by case basis post flight whether we could decrease from a 7 day partial quarantine to no quarantine based on exposure. - 7 day partial quarantine - 7 day strict quarantine, with a test on day 5 - Strict quarantine (bedroom or in aux apartment) for 7 days, and take a PCR COVID test on day 5. Once it has been a

		<p>full 7 days and the CM has received a negative test result, the Corps Member can switch to a partial quarantine through day 10, when the quarantine can be lifted.</p> <ul style="list-style-type: none"> - 10 day partial quarantine, with a test on day 8 - 10 day strict quarantine, with a test on day 8 <p>Note: The less restrictive quarantine options will only be possible in some circumstances, based on the exposure the Corps Member is having while out of the bayit and the exposure on the return trip.</p>	
Masked indoor exposure or unmasked outdoor exposure (one or more people are unmasked) with somebody who has tested positive for COVID-19	Vaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated	<p>The following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 day strict quarantine - 7 day partial quarantine - 7 day strict quarantine, followed by a 3 day partial quarantine - 10 day partial quarantine - 10 day strict quarantine 	No restrictions
	Unvaccinated CMs in a bayit where <u>less than 80%</u> of CMs are fully vaccinated	<p>The following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 10 day strict quarantine <p><i>Avodah staff will assess on a case by case basis if less restrictive quarantines are possible, based on the specific circumstances</i></p>	
	Vaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated	<p>The following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 day strict quarantine - 7 day partial quarantine - 7 day strict quarantine, followed by a 3 day partial quarantine - 10 day partial quarantine - 10 day strict quarantine 	
	Unvaccinated CMs in a bayit where <u>more than 80%</u> of CMs are fully vaccinated	<p>The following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 10 day strict quarantine <p><i>Avodah staff will assess on a case by case basis if less restrictive quarantines are possible, based on the specific circumstances</i></p>	
	CMs in a bayit where 100% of CMs are fully vaccinated	<p>The following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 day strict quarantine - 7 day partial quarantine - 7 day strict quarantine, followed by a 3 day partial quarantine - 10 day partial quarantine - 10 day strict quarantine 	
An unmasked	Vaccinated	<p>The following quarantines will be considered, based on the specific</p>	

indoor exposure (one or more people are unmasked) with somebody who has tested positive for COVID-19	CMs in a bayit where less than 80% of CMs are fully vaccinated	<p>circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 day strict quarantine - 7 day strict quarantine, followed by a 3 day partial quarantine - 10 day strict quarantine
	Unvaccinated CMs in a bayit where less than 80% of CMs are fully vaccinated	<p>The following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 10 day strict quarantine <p><i>Avodah staff will assess on a case by case basis if less restrictive quarantines are possible, based on the specific circumstances</i></p>
	Vaccinated CMs in a bayit where more than 80% of CMs are fully vaccinated	<p>The following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 day strict quarantine - 7 day strict quarantine, followed by a 3 day partial quarantine - 10 day strict quarantine
	Unvaccinated CMs in a bayit where more than 80% of CMs are fully vaccinated	<p>The following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 10 day strict quarantine <p><i>Avodah staff will assess on a case by case basis if less restrictive quarantines are possible, based on the specific circumstances</i></p>
	CMs in a bayit where 100% of CMs are fully vaccinated	<p>The following quarantines will be considered, based on the specific circumstances and the bayit's decisions are:</p> <ul style="list-style-type: none"> - 7 day strict quarantine - 7 day strict quarantine, followed by a 3 day partial quarantine - 10 day strict quarantine

Protocol for when a Corps Member is experiencing COVID-19 symptoms

1. If multiple Corps Members in a bayit begin experiencing COVID-19 symptoms, we may decide to proactively implement our [protocol for when a Corps Member tests positive for COVID](#).
2. If a Corps Member experiences loss of taste/smell or shortness of breath, the following steps should immediately be taken:
 - a. *If at any point the Corps Member experiences trouble breathing, persistent pain or pressure in the chest, confusion or inability to rouse oneself, or bluish lips or face, the Corps Member should seek immediate medical attention, including by dialing 911 if necessary.*
 - b. The Corps Member experiencing the symptom(s) should immediately begin isolating and contact their Program Director.
 - c. The entire bayit should begin close contact quarantine. Avodah will immediately enact our [protocol for a positive COVID test result](#)

3. If a Corps Member experiences any COVID-19 symptoms, the Corps Member should assume that they have been infected with COVID until proven otherwise with a negative PCR COVID test. Avodah will immediately enact our [protocol for a positive COVID test result](#).
4. If a Corps Member has a cough, fever, or any symptoms that would lead to a significant spread of particles (e.g., frequent sneezing, runny nose, etc) the following steps should immediately be taken:
 - a. The Corps Member who is experiencing symptoms should immediately get a PCR COVID-19 test.
 - b. If the Corps Member who is experiencing symptoms thinks they are likely attributable to another illness, they should get a test for that when possible (e.g., a strep or flu test).
 - c. The Corps Member who is experiencing symptoms should inform their Program Direct.
 - d. If the Corps Member who is experiencing symptoms is an in-person worker, they should inform their placement and stay home from work while awaiting the COVID test results.
 - e. The Corps Member who is experiencing symptoms should immediately begin a strict quarantine in a single bedroom in the bayit or in the quarantine apartment. Avodah staff will help the Corps Member determine what location is possible for this quarantine.
 - f. The Corps Member who is experiencing symptoms should continue a strict bedroom quarantine until all of the following conditions are met:
 - i. They receive a negative PCR COVID test.
 - ii. Their symptoms resolve.
 - iii. Avodah staff clear the Corps Member to end the quarantine. The following will be considered when making this determination:
 1. What the Corps Members symptoms are
 2. Whether or not the Corps Member had significant exposure to someone outside of the bayit household
 3. Whether or not there are other housemates who are doing close contact quarantines or who have symptoms
 4. Whether or not the Corps Member is vaccinated
5. If a Corps Member has any other COVID symptoms that are not clearly attributable to something else (fatigue, muscle or body aches, headache, sore throat, minor congestion or runny nose, nausea or vomiting, or diarrhea) there are two options for how to proceed. Each individual Avodah bayit should proactively decide which option they plan to follow.
 - a. **Option 1: Strict Full Quarantine**
 - i. Follow the same protocol for if a Corps Member has a cough or fever (found above).
 - b. **Option 2: Symptomatic Corps Member and Direct Roommate(s) Partial Quarantine**
 - i. The symptomatic Corps Member will immediately get a PCR COVID test.
 - ii. The symptomatic Corps Member and their direct roommate(s) should follow the [protocol for a partial quarantine](#).
 - iii. Avodah staff clear the Corps Member to end the quarantine. The following will be considered when making this determination:
 1. What the Corps Members symptoms are
 2. Whether or not the Corps Member had significant exposure to someone outside of the bayit household

3. Whether or not there are other housemates who are doing close contact quarantines or who have symptoms
4. Whether or not the Corps Member is vaccinated

Protocol for when a Corps Member receives a positive PCR test result

1. The Corps Member who tested positive should (in this order) immediately:
 - a. Inform housemates that they tested positive and are beginning a bedroom isolation immediately.
 - i. During this time, if the Corps Member needs to use the restroom they must wear a high-quality, well-fitting mask while doing so.
 - ii. During this time, if the Corps Member needs food, they must ask a housemate to get them something from the kitchen and leave it at their door.
 - b. If the Corps Member is already in the bayit, immediately go to their room and tell their roommate to leave the room. If the Corps Member is not in the bayit, and weather allows, call their Program Director prior to entering the bayit.
 - c. Call their Program Director to inform them. If they cannot reach their Program Director, immediately call another Avodah staff. You can find the phone numbers of the Avodah staff COVID team [here](#).
 - d. If the Corps Member is an in-person worker, inform their supervisor.
2. All other Corps Members in the bayit should immediately:
 - a. Assume that they have all been exposed to COVID-19.
 - b. All essential workers must immediately return to the bayit.
 - c. All Corps Members must immediately go to their bedroom with their direct roommate, and await further directions from Avodah staff.
 - i. During this time, if a Corps Member needs to use the restroom or get food from the kitchen, they must wear a high-quality, well-fitting mask while doing so.
 - d. If the bayit is split into two apartments that normally interact as one household, no Corps Member should be going from one bayit to the other. The apartment units should view themselves as separate households during this time.
3. Avodah staff will work with Corps Members to determine an appropriate isolation and quarantine plan, based on the circumstances. This process and support includes:
 - a. Contract tracing
 - b. Mapping out social interactions between housemates in the bayit in the prior week
 - c. Providing a few meals at the onset of the quarantine/isolation as a quarantine/isolation plan is finalized
 - d. Supporting Corps Members as they navigate taking time off of work as needed
 - e. Supporting the mental health of Corps Members as needed
 - f. Sourcing additional quarantine space as needed (e.g., airbnb and hotels)
 - g. Providing transportation to off-site quarantine space as needed
4. Any Corps Member who tests positive, or who has symptoms, will need to follow the following isolation protocol:
 - a. *If at any point the Corps Member experiences trouble breathing, persistent pain or pressure in the chest, confusion or inability to rouse oneself, or bluish lips or face, the Corps Member should seek immediate medical attention, including by dialing 911 if necessary.*

- b. The Corps Member who tested positive must fill out a symptom log twice a day.
 - c. Have their own bedroom in the bayit, or in the alternative space secured by Avodah.
 - d. Have their own bathroom in the bayit, or in the alternative space secured by Avodah, if possible. If the Corps Member is sharing a bathroom with other housemate, the following protocol should be followed:
 - i. Wear a mask in the bathroom at all times other than when showering or brushing teeth.
 - ii. Maximize the amount of time between shared bathroom use, preferably at least two hours.
 - iii. Set up a communication system to alert others when you're showering or otherwise unmasked in the bathroom, and then scheduling intervals to maximize time between those planned bathroom uses.
 - iv. Specifically, the standard at many hospitals is to wait two hours between covid positive patients leaving a room and cleaning staff entering that room. If two hours isn't possible, try for 90 minutes, or 60 minutes, the more time the better. 30 minutes between showers is better than a couple of minutes. Make sure the windows are left open and the exhaust fan is running to promote the air turnover.
 - e. Wear a high-quality, well-fitting mask while in the hallways of the bayit walking to the bathroom.
 - f. Isolating Corps Members may not use the kitchen. Housemates will support them by bringing them food and leaving it at their door. Housemates will support them by picking up the empty plates and trash from their door after they eat.
 - g. The Corps Member who tested positive may end their isolation after 10 days from the onset of symptoms and 24 hours from when any fever has subsided on its own (without the aid of any fever-reducing medications). The Corps Member who tested positive must be cleared by a medical provider to end their isolation.
5. Any Corps Member who does not have any symptoms and has not received a positive COVID test will need to follow the following quarantine protocol:
- a. Follow the protocol for a [strict bedroom quarantine](#).
 - b. Corps Members will get a PCR COVID test 1, 5, and 8 days after exposure. Upon receiving a negative test result, Corps Members must continue their quarantine until it's been a full 10 days. If a Corps Member receives a positive COVID test, or begins exhibiting symptoms at any point, that Corps Member will immediately begin isolating.
 - c. Support housemates who are isolating by bringing them food and any other items they need. All items should be left outside of their door.
 - d. Support housemates who are isolating by cleaning their dishes after use.
 - i. Use either disposable plates and cutlery, or if reusable materials are used, careful attention should be given to scrub the cutlery/dishes/ drinkware with soap and hot water for at least one minute or run through the dishwasher on the "sanitize" cycle.
 - e. No Corps Member should run any in-person errands. If that presents a challenge, the Corps Members should contact their Program Director to help address the issue.
 - f. No Corps Members should go to their placements, even if they have been designated "essential workers".
 - g. If the space that you are using to quarantine has private outdoor space, feel free to use it when others are not present to get some fresh air.

- h. Corps Members should open windows in the bayit as much as possible, in order to increase air circulation.
- i. The following protocol must be followed for cooking for the bayit:
 - i. The Corps Member/roommate pair who cook food for the bayit must both be asymptomatic. If a Corps Member is asymptomatic, but their roommate is symptomatic, they should not cook for the bayit.
 - ii. The Corps Member/roommate pair who cook must wash hands thoroughly (20 seconds or more) prior to cooking
 - iii. The Corps Member/roommate pair who cook must wear a mask at all times while cooking (not smelling, tasting the food)
 - iv. The Corps Member/roommate pair who cook must cook at a time when nobody else is in the kitchen
 - v. The Corps Member/roommate pair who cook must bring portions of the food and cutlery to all housemates who have tested positive or who are symptomatic, and leave it at their door for them.
- j. The following protocol must be followed for eating food prepared for the bayit:
 - i. Corps Members who are asymptomatic may go get their own food. Corps Members should be masked at all times when outside of their room. Only one pair of roommates should get their food at a time.
 - ii. Corps Members who are symptomatic will have their food left at a door by a housemate (see note above for cooks) and picked up at their door by a housemate (see note below for Corps Members cleaning)
 - iii. All food should be eaten in bedrooms, with the doors closed.
- k. The following protocol must be followed for cleaning up after a meal that was cooked for the bayit:
 - i. One Corps Member/roommate pair should clean all the communal dishes/mess from the communal cooking.
 - ii. Wash hands thoroughly (20 seconds or more) prior to cleaning
 - iii. The Corps Member/roommate pair who clean must wear a mask at all times while cleaning
 - iv. The Corps Member/roommate pair who clean must clean at a time when nobody else is in the kitchen
 - v. The Corps Member/roommate pair who clean must pick up the dirty dishes from CMs who are symptomatic from outside of their bedrooms and wash them
 - vi. Corps Members who are asymptomatic should clean their own dishes. Only one pair of roommates should clean their dishes at a time.
 - vii. All dishes that can be washing in the dishwasher should be washed in the dishwasher on the sanitize cycle
 - viii. The last person/roommate pair to clean their dishes should put the dishwasher on and wipe down all high-touch surfaces with disinfectant wipes (e.g., counters, fridge handle, dishwasher handle, etc).
- l. The following protocol must be followed for cooking and cleaning individual meals:

- i. Only Corps Members who have not received a positive COVID-19 test and are asymptomatic may cook and clean. Housemates will support Corps Members who may not use the kitchen because they tested positive or have symptoms.
- ii. Corps Member must wash hands thoroughly (20 seconds or more) prior to cooking or touching surfaces in the kitchen
- iii. Corps Members who cook/clean must wear a mask at all times while in the kitchen (not smelling, tasting the food)
- iv. Corps Members must cook at a time when nobody else is in the kitchen, other than their direct roommate(s)
- v. Corps Members who cook for themselves must immediately clean up after themselves, including wiping down any surfaces they touch with lysol wipes.
- m. If, during the 10-day quarantine period, another Corps Member test positive for COVID-19, any Corps Member who had contact with them (their direct roommate) must restart the protocol for exposure to someone who tests positive for COVID-19.
- n. All Corps Members should assess their ability to work remotely during the quarantine, and notify their placement supervisor and/or HR team.

Protocol for when a Corps Member receives a positive rapid (non-PCR) test result

1. The entire bayit will immediately implement the [protocol for when a Corps Member receives a positive PCR test result](#).
2. The following are changes to the protocol for a rapid antigen test result.
 - a. The Corps Member who received a positive COVID-19 rapid antigen test result should immediately get a PCR COVID-19 test. If available in their city, they should get a PCR test with same day results (Avodah will cover the cost if needed).
 - b. If/when the Corps Member who received an initial positive COVID-19 rapid antigen test result receives a negative PCR test result, we will evaluate whether that is sufficient for the bayit to end the quarantine on a case by case basis.
 - i. In the event that the Corps Member who received a positive COVID-19 rapid antigen test result has had known or suspected exposure to someone with COVID-19, and/or the Corps Member who received a positive COVID-19 rapid antigen test result has symptoms and/or other Corps Members in the bayit are exhibiting symptoms, it is likely that the bayit quarantine will need to continue until all Corps Members have received negative PCR test results.

Miscellaneous Protocol Regarding Quarantine and Isolation

1. If an entire Avodah bayit is being asked to quarantine, Corps Members should immediately inform their placement supervisors by email, and copy their Program Director.
2. If a Corps Member has been in close contact with somebody who tested positive for COVID-19 or is exhibiting symptoms of COVID-19, they are responsible for communicating with their placement supervisor. If they need support communicating with their placement, they should reach out to their Program Director.

COVID-19 Vaccines Protocol and Information

All Corps Members will be required to get a COVID-19 vaccine when it becomes widely available, barring any medical exceptions.

Do Avodah Corps Members arguably have priority status based on their communal living arrangements? No, probably not.

In some Avodah cities, there is vague language in the vaccine eligibility requirements about congregant living. Based on our understanding of the spirit or intention of congregant living as a classification for getting earlier priority for vaccinations, we do not think that Avodah Corps Members living in a fully virtual bayit qualify for priority in the current rounds if their qualification is based solely on their living in a bayit. However, this is a grey area and it is up to each Corps Member to determine if they will try to get vaccinated based on their status as a resident in communal living.

Avodah is not requiring or encouraging Corps Members to use their bayit status to gain eligibility at this time. We also know that there are many other factors (private medical information) that contribute to Corps Members' need for priority designation for vaccines, and for those Corps Members, it may be that the combination of another factor and congregant living will increase their eligibility, in which case we suggest those Corps Members follow the advice of their medical practitioners to determine their priority for vaccine eligibility.

There is not enough vaccine available to ensure equitable distribution across all the high-risk priority categories, and many members of high-risk priority groups (e.g., seniors, home health workers, immunocompromised individuals, etc.) are unable to find vaccine appointments anywhere. There is also a tragic amount of vaccine waste due to many factors, but primarily the short shelf life of some of the vaccines, and we also know that the more people who can be vaccinated quickly the faster we can achieve herd immunity and protect everyone.

More information on COVID-19 vaccines can be found [here](#).

Miscellaneous Protocols

Unoccupied Indoor Space

Corps Members from the same bayit are permitted indoors in otherwise unoccupied spaces, provided that the Corps Member(s) are the only people there at the time of their visit. This includes pet sitting for someone who is away, doing work from an empty office, going to a full apartment airbnb alone, etc. The Corps Member(s) must have the entire space to themselves (this does not apply to an empty office within a larger office where other people will be). If you would like to request an exception to this policy, please submit a request through [this form](#). Corps Members must take a permitted form of transportation to get to and from the space they are visiting.

The following are best practices regarding using empty indoor space:

- Upon arrival, open windows for 1-2 hours. If you know with certainty that nobody has been in the space in the prior 48 hours, this is not needed.
- Follow Avodah's restroom protocol for using any public or shared restrooms.
- Upon arrival, use disinfectant wipes to wipe down any high-touch surfaces (e.g., door knobs, fridge handles, counters, etc).
- Hand wash and/or sanitize liberally during your time there.
- Upon returning to the bayit, immediately wash your hands for 20+ seconds.

Protocol for Protest Engagement

1. Introduction

- a. As with the rest of the policies contained in this document, the following protocols are mandatory for all Avodah Corps Members who are living in an Avodah bayit.
 - b. We know this is a fraught and powerful time in many ways. We believe it is essential to support the current movement of protest against police brutality and organizing for racial justice. And we also have an obligation to assess whether it's possible to do that without significantly increased COVID-19 risk to you and your housemates.
 - c. With the policy below, we are doing our best to make sure there are various options for you to participate in these actions in ways that do so. We believe that it is imperative to show up for racial justice. We also know that there are multiple ways to show up, even and especially in this moment. We encourage you to consult and consider the [M4BL Week of Action](#) suggestions and designations of low, medium and high-risk actions -- there are many green actions and some yellow actions that would work well for your household (for yellow actions, please discuss with us so that we can help you determine how to do those actions safely). We as a staff are available to consult and discuss risk for any given situation -- please reach out to us as needed.
2. If you choose to participate in-person in a protest, you agree to:
 - a. Inform your Program Director, in advance;
 - b. Inform your housemates, in advance;
 - c. Wear medical ear-loop masks (or an n95 mask if you have been trained and fitted), as opposed to simple cloth masks/bandanas, which are not nearly as effective;

- d. keep hand sanitizer with you and use liberally following any contact with bodily fluids or high-touch physical objects, such as railings, door knobs, etc.;
 - e. Not intentionally try to get arrested (since the virus is known to spread especially easily in small, cramped places like police vans and jails), such as by placing yourself in a situation in which you are likely to be arrested, like blocking traffic, refusing police orders to disperse, or remaining out after city-wide curfews;
 - f. Remain on the periphery of the protest/march where crowds are less dense and where you can maintain a minimum six foot distance from anyone outside of your bayit household, and at least a 10-foot distance from anyone who is yelling/singing/chanting; and
 - g. Follow the protocol as written for returning to the bayit after providing an essential service.
3. High-risk protest situations:
- a. COVID-19-related risks that arise as a result of participating in protests include:
 - i. Coming into close contact with someone who is coughing or sneezing;
 - ii. Unintentionally remaining in close proximity (i.e., closer than six feet) for a significant length of time (i.e., more than 15 minutes) to individuals who are not part of your bayit household; or
 - iii. Being arrested (and placed in a cramped police vehicle or holding pen with others).
 - b. If any of the above situations arise, you agree to, immediately following the protest, inform your program director of the high-risk exposure and then begin a 14-day quarantine (or a 5-day quarantine followed by a test and continued quarantine until the test results come back as negative).
 - c. You may choose to quarantine in the Avodah bayit or in another location. You will need to let your Program Director know about your potential exposure and, if you are choosing to quarantine outside of the bayit, your Program Director must review and approve the logistics of your quarantine and your return to the bayit. If you choose to quarantine in the Avodah bayit, you will discuss this possibility in advance with your housemates to ensure they are willing to and capable of supporting you during your quarantine period, and to coordinate the use of kitchen, bathroom and other shared spaces.
4. Intentional Arrest (e.g., Civil Disobedience):
- a. If, notwithstanding the above policy, you intentionally submit yourself for arrest as part of a civil disobedience action or other intentional activity, you must quarantine outside of the bayit for 14 days (or a 5 day quarantine followed by a test, then continue to quarantine until the test results come back as negative).
5. As always, if you become symptomatic, you will immediately inform your Program Director.

Addendum

Interactive COVID-19 Resources

The following are helpful interactive resources. Avodah staff use many of these resources when assessing protocol.

- [COVID-19 Event Risk Assessment Planning Tool](#)
 - This is the tool that we use to determine which stage of our protocol a city is in
- [NYTimes COVID Map and Case Count](#)
- [NPR Hospital Capacity Tracker](#)
 - Updated as new data becomes available
- [Johns Hopkins University & Medicine Coronavirus Resource Center Tracking](#)
- [B.1.1.7 Lineage Cases in the United States](#)
 - This tool tracks where cases of the newer, more contagious variant of COVID-19 has been identified in the United States

DC Specific:

- [DC COVID-19 Data](#)

Chicago Specific:

- [Chicago COVID-19 Dashboard](#)
- [Illinois COVID-19 Statistics](#)

New York City Specific:

- [NYC COVID Data](#)
- [NY State COVID Website](#)

New Orleans Specific:

- [New Orleans COVID-19 Dashboard](#)

Shabbat/Jewish Holidays/Synagogue Attendance

Generally

1. For Jewish holidays that you are celebrating in the bayit, Avodah staff will provide resources and support to Corps Members to help you plan a meaningful holiday together.
2. Additionally, we ask that Corps Members not attend services indoors at synagogues at this time. The medical advice that we have received is clear that large gatherings indoors present a high risk for COVID-19 exposure.
3. Singing (whether indoors or outdoors) is known to increase aerosolized particles and increase the likelihood of covid transmission. Though we wish it weren't the case, given that singing is a high-risk

activity, Corps Members are not permitted to sing, indoors with anyone outside of their household. Singing outdoors is permitted only in very specific circumstances outlined later in this document.

4. Corps Members may attend religious services outside of the bayit so long as (1) the services are held outdoors and (2) include social distancing.
5. While at services, Corps Members should do the following:
 - a. Wear medical ear-loop masks (or an n95 mask that is properly fitted), as opposed to simple cloth masks/bandanas, which are not nearly as effective;
 - b. If there is singing at the service, remain on the periphery of the service where crowds are less dense and where you can maintain a minimum six foot distance from anyone outside of your bayit household, and at least a 10-foot distance from anyone who is yelling/singing/chanting.

Shabbat and Holiday services in cities with multiple baytim (DC & NYC):

1. If all Corps Members in both baytim are comfortable with it, Corps Members are permitted to hold services with Corps Members from both baytim following this protocol:
 - a. Services must be held outdoors.
 - b. Corps Members must take an approved form of transportation to get to the location they plan to hold services in. This will vary depending on what stage your city is in.
 - c. All CMs must wear surgical style masks or (or an n95 mask that is properly fitted).
 - d. Corps Members in separate baytim must remain 10 feet from each other.
 - e. All Corps Members should sing in a single direction that is not towards one another (no singing in a circle / semi-circle).
 - f. Corps Members should not sing loudly, but rather should maintain a soft or normal speaking volume.
 - g. If there is a service leader, they are permitted to sing slightly louder than the rest of the bayit, but should be 15 feet away from the other household and not facing the other household.
 - h. If you are using instruments in your service, wind instruments are not permitted. Guitars and other non-wind instruments can be a lovely addition to your service.
 - i. During the Torah service, the following precautions should be taken:
 - i. If services involve using ritual objects or an object that Corps Members from both baytim will touch, the following precautions should be taken:
 1. Hands should be sanitized prior to, and immediately after, touching any objects that Corps Members from both bayits will touch.
 2. Rather than passing an object (like a Torah) between Corps Members from different households (which would mean being closer than 10 ft away from each other), the object should be put down on a table an appropriate distance from each bayit. The Corps Member returning the object should step 6 feet away from the table, and then the Corps Member retrieving the object should go get it.
 3. Do not kiss any shared objects, or personal objects that touch shared objects.
 4. If Corps Members from both bayits are reading from the Torah, Corps Members should wait to approach the Torah until the prior Torah reader is at least 6 ft away from the Torah.
 5. Corps Members who have aliyot should say the blessing from 10 feet away from the Torah reader.

6. Hagbah and Gelilah should be two Corps Members from the same bayit.
7. If possible, Gabais should be from the same bayit as the Torah reader. If this is not possible, the Gabai must maintain 10 ft of distance from the Torah reader.

Washington, DC Protocol for Use of Specific Public Transit

Update as of March 5, 2021:

Given the location of the Washington, DC bayit and the current risk levels for Covid transmission in the District, Avodah has approved the following exception to allow Corps Members to use certain modes of public transportation. Avodah uses [this risk calculator](#) to determine acceptable levels of risk. If the risk increases significantly (either because ridership increases** or Covid transmission increases or some other reason) Corps Members will no longer be allowed to utilize public transit.

Update as of November 18, 2020:

DC Corps Members are no longer permitted to use the bus, unless doing so to travel to in-person essential work. We will re-evaluate after a week of steadily declining cases in DC.

Updated October 1, 2020 - No longer applicable

Given the location of the Washington, DC Bayit and the current risk levels for Covid Transmission in the District, Avodah has approved the following exception to allow Corps Members to use certain modes of public transportation. Avodah uses [this risk calculator](#) to determine acceptable levels of risk. If the risk rises above 25% (either because ridership increases** or covid transmission increases or some other reason) Corps Member will no longer be allowed to utilize Public transit.

- If biking, rideshare, or personal modes of transportation are not available non-essential Corps Members can use the metrobus system at off peak times*
- Corps Members will follow all covid protocol guidelines for using buses and public transportation including but not limited to:
 - Mask wearing
 - Maintaining distance from other passengers
 - Sanitizing common use items/spaces (bars, pull cords, seats etc.) when possible and sanitizing and washing hands immediately after.
 - Opening the nearest window whenever possible
- Corps Members will not enter buses or will exit a bus, when safe to do so, if the Corps Member is not able to maintain a minimum 4 feet distance from other passengers, or if there are unmasked, or improperly masked (mask only over mouth and not nose), passengers within six feet and there are no open windows on the bus.

*Peak hours are defined by metrorail as opening-9:30AM and 3-7PM on weekdays.

** Risk is calculated using an event size of 25, which is more in-line with current bus ridership. Should ridership increase, the risk would be re-evaluated with a greater event size.

New Orleans City & LA State Orders:

New Orleans Modified Phase Two and Impact on Avodah Protocol - Instituted 1/29/21

On January 29, 2021 New Orleans moved from modified phase one to Modified Phase Two. This is set to be in effect through Mardi Gras (February 16) though it may be extended. Avodah protocol already meets the vast majority of requirements in New Orleans Modified Phase Two. There are a few changes that are important to note (outlined below) in order to ensure that our protocol in New Orleans is in compliance with New Orleans Modified Phase Two.

Masking

- Masks are required in public.
- Masks are required when around anyone outside of your household.
- Masks are not required when engaged in outdoor personal exercise, athletic competition, or when actively eating or drinking.

Outdoor Social Visits With People Outside of the Bayit household

- Outdoor gatherings are limited to 25 individuals, with masking and social distancing required. (Note this is a smaller size limit than allowed by Avodah protocol)
- people from different households can be together as long as they're wearing masks and staying 6 feet apart - please note that per Avodah protocol no more than three households (including the bayit) may gather together at any one time.

The New Orleans bayit may decide to resume outdoor social visits with people outside of the bayit household provided that they meet the below criteria :

1. All visits must be 100% outdoors.
2. All outdoor visits must be in areas that are possible to maintain 6+ feet of distance (parks, hikes, streets in residential areas, kayaking, etc.)
3. The total number of people present can not exceed 25 individuals.
4. Both parties must be masked at all times, other than when actively eating or drinking.
5. Corps Members, and the person/household they are with must be stationary and at least 10 feet apart from each other while eating or drinking. Immediately after eating or drinking, masks must be put back on.

In Person Work

All Corps Members who can complete their work remotely, must do so. Corps Members who have essential work that can only be done in person may continue to go into work in person. Corps Members who can bike/walk/drive to an office where they will be the only person in the office may continue to go into that space to work.

New Orleans Modified Phase One and Impact on Avodah Protocol - Instituted 1/8/21-1/29/21

On January 8th, 2021 New Orleans entered Modified Phase One. This is set to be in effect through January 29th (though may be extended). Avodah protocol already meets the vast majority of requirements in New

Orleans Modified Phase One. There are a few additional changes that we are implementing (outlined below) in order to ensure that our protocol in New Orleans is in compliance with New Orleans Modified Phase One.

Masking

- Masks are required in public.
- Masks are required when around anyone outside of your household.
- Masks are not required when engaged in outdoor personal exercise, athletic competition, or when actively eating or drinking.

Outdoor Social Visits With People Outside of the Bayit household

New Orleans Modified stage one says that “Individuals should not gather with anyone other than members of their immediate household” but also that “Masks are required when around anyone outside of your household”. We are interpreting this apparent contradiction to mean that it is highly encouraged to not gather with anyone outside of your immediate household.

Given this ambiguity, the New Orleans bayit may decide which of the following options they would prefer:

1. Not gathering with anyone outside of your bayit/household
2. Continuing to have outdoor socially distance visits with people outside of your bayit/household that meet the following criteria:
 - a. All visits must be 100% outdoors.
 - b. All outdoor visits must be in areas that are possible to maintain 6+ feet of distance (parks, hikes, streets in residential areas, kayaking, etc.)
 - c. Corps Members should only see one other household at a time.
 - d. Both parties must be masked at all times, other than when eating or drinking.
 - e. Corps Members, and the person/household they are with must be stationary and at least 10 feet apart from each other while eating or drinking. Immediately after eating or drinking, masks must be put back on.

In Person Work

All Corps Members who can complete their work remotely, must do so. Corps Members who have essential work that can only be done in person may continue to go into work in person. Corps Members who can bike/walk/drive to an office where they will be the only person in the office may continue to go into that space to work.